



# ACS *Community Connection*



December 2025



On December 13, 2025 at 10:00 am (Wreath Placement Immediately Following Ceremony), Wreaths Across America will be at Kentucky Veterans Cemetery Central, Radcliff to Remember and Honor our veterans through the laying of Remembrance wreaths on the graves of our country's fallen heroes and the act of saying the name of each and every veteran aloud.

Please help our local Veterans Cemetery by volunteering. To volunteer go to:

<https://www.wreathsaacrossamerica.org/pages/16095/Overview?relatedIds=0>



## **Connect with ACS!**

📍 411 Eisenhower Ave. Bldg.  
1477 Fort Knox, KY 40121

☎ (502) 624-8391

📘 Fort Knox Army  
Community Service

🌐 [Knox.armymwr.com/  
categories/community-  
support](https://knox.armymwr.com/categories/community-support)

## **Upcoming ACS Events**

- **Wreaths Across America** Pg.1
- **TRICARE** Open Season Pg.3
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- Fort Knox Career Summit
- Installation Newcomer Orientation Pg. 20
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- Immigration and Citizenship information Pg. 25
- In Their Shoes Training Event Pg. 28

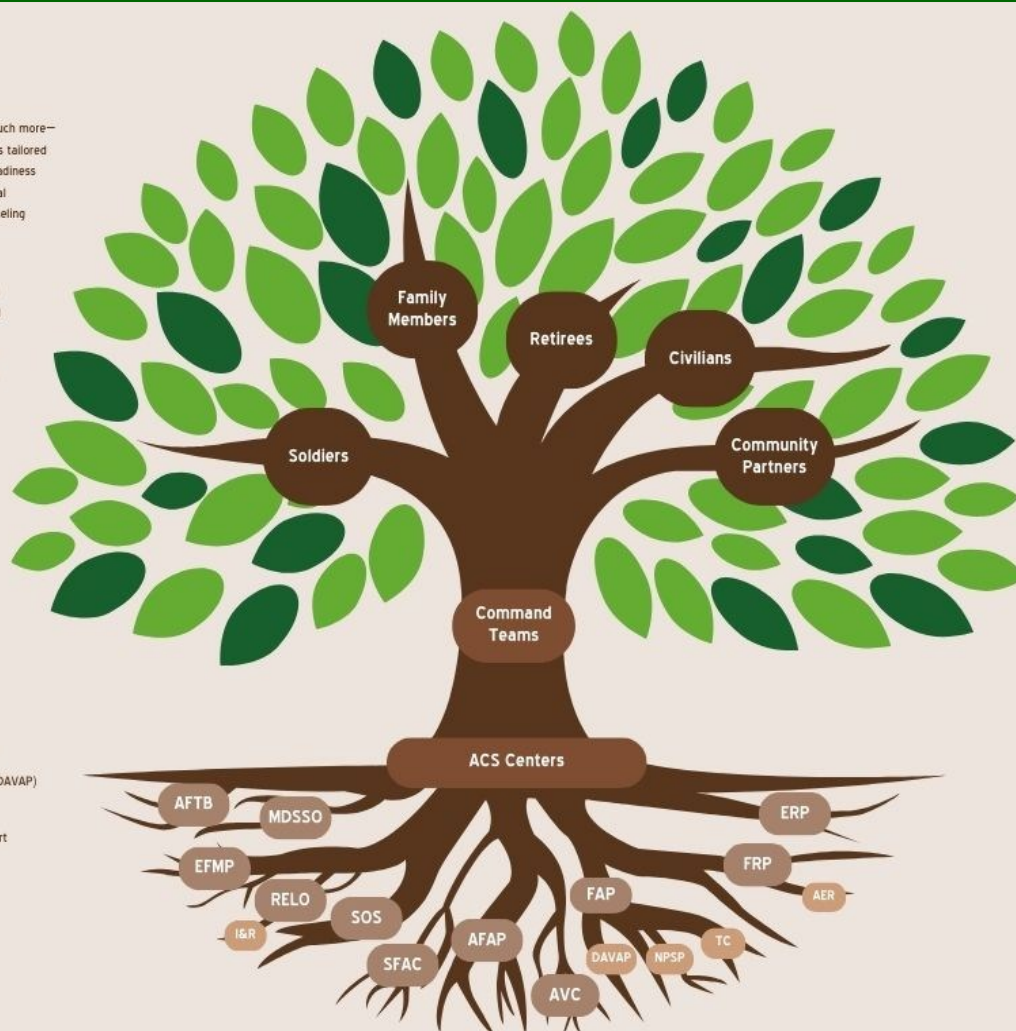
## The ACS Tree

From Family readiness to financial health—and much more—Army Community Service (ACS) delivers programs tailored to your needs. ACS helps maintain community readiness and resiliency through a wide range of educational opportunities, special events, individualized counseling services, and other offerings.

ACS can be likened to a family tree, with its programs acting as the roots that nourish the soil represented by ACS centers. These programs and centers not only provide support to local command teams, symbolizing the tree trunk, but also extend their assistance to the tree branches, which symbolizes the entire Army community.

### Legend

Army Family Action Plan (AFAP)  
 Army Family Team Building (AFTB)  
 Army Volunteer Corps (AVC)  
 Employment Readiness Program (ERP)  
 Exceptional Family Member Program (EFMP)  
 Family Advocacy Program (FAP)  
 • New Parent Support Program (NPSP)  
 • Transitional Compensation (TC) Program for Abused Dependents  
 • Domestic Abuse Victim Advocate Program (DAVAP)  
 Financial Readiness (FRP)  
 • Army Emergency Relief (AER)  
 Mobilization, Deployment and Stability and Support Operations (MDSSO)  
 Relocation Readiness (RELO)  
 • Information and Referral (I&R)  
 Soldier and Family Assistance Center (SFAC)  
 Survivor Outreach Services (SOS)



## MILITARY AND FAMILY LIFE COUNSELORS (MFLC)

Services offered through the Military and Family Life Counseling Program are confidential, not reported to the command, and do not impact a service member's security clearance.

One-on-one, couple, or group — MFLCs can help you manage life challenges such as:

- Deployment adjustments
- Stress management
- Moving preparations and getting settled
- Relationship building
- A problem at work
- The grieving process following the death of a loved one or friend

**Call us at 502-624-8391 to receive contact information for an MFLC or call Military OneSource at 1-800-342-9647.**





# ARMY FAMILY ACTION PLAN

Change begins with you



It's time to **submit your ideas!**

To learn more visit: [ArmyMWR.com/AFAP](https://ArmyMWR.com/AFAP)



**DID YOU  
KNOW?**

## It's TRICARE Open Season—Time to Review Your Plan!

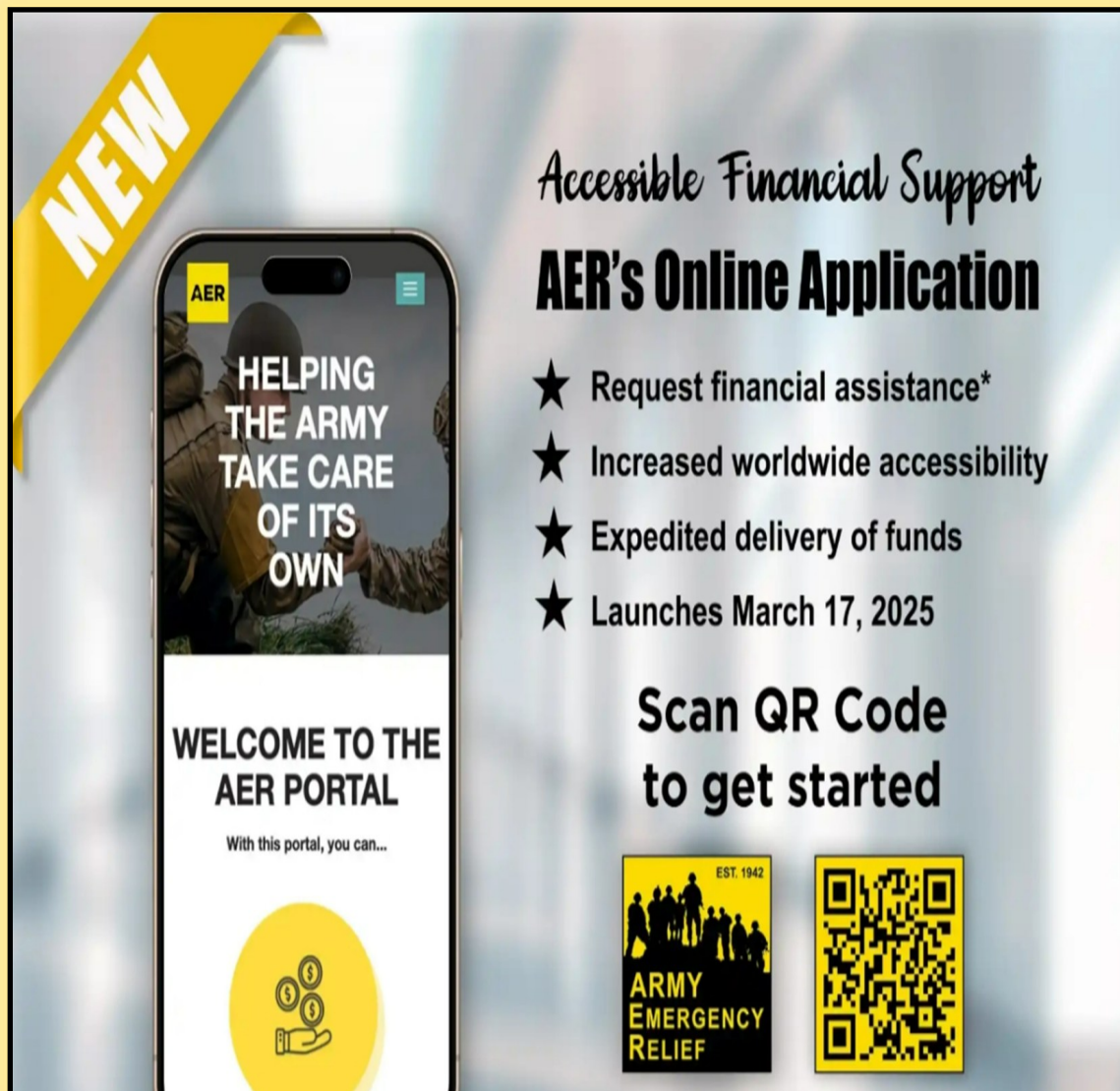
Compare plans and keep or change your current coverage.

If you're eligible, you may enroll in dental and vision coverage during [Federal Benefits Open Season](#).

Changes take effect Jan. 1, 2026.

If you're satisfied with your current plan, you don't need to do anything. Your coverage will continue automatically for 2026.





**NEW**

*Accessible Financial Support*

**AER's Online Application**

- ★ Request financial assistance\*
- ★ Increased worldwide accessibility
- ★ Expedited delivery of funds
- ★ Launches March 17, 2025

**Scan QR Code to get started**

ARMY EMERGENCY RELIEF EST. 1942

## New Link to Financial Frontline Can Help You Manage Your Money

The Army's Financial Frontline site is your go-to resource for managing money throughout your Army service. Along with linking to FRP services, Financial Frontline connects to [Military OneSource](#) and [Army Emergency Relief](#). Soldiers with AER loans can participate in financial literacy training to receive credit on their existing loans, according to Morita. A loan will be credited if a Soldier:

- Watches all videos on debt, major purchases and spending plans.
- Takes a 25-question quiz.
- Scores 80 percent or above on the quiz.
- E4 and below can receive a credit of up to \$500 on an existing loan.
- E5 and above can receive a credit of up to \$250 on an existing loan.

The Financial Frontline website supports mandatory Financial Readiness Common Military Training requirements with downloadable certificates. There are also interactive tools, such as a self assessment, budgeting and PCS cost calculators, tax resources, GI Bill guidance and credit-protection information. Visit the Financial Frontline [website](#) for resources to help you attain a high quality of life for you and your Family, both during your career and in retirement.

<https://www.financialfrontline.army.mil/>



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ACS Financial Readiness Program

# Debt Management: The Warrior's Path to Financial Freedom



**January 13 • 5 pm • Free**  
ACS Bldg. 1477 • 411 Eisenhower Ave

**This transformative workshop will equip you with tools, strategies and mindset needed to conquer debt.**



RSVP required, limited spots.  
RSVP by January 10.  
RSVP at (502) 624-8391.



## MILITARY MOVES BRIEFING

A permanent change of station, or PCS, move can open up new opportunities and new experiences — each one a little different. Wherever you're heading, Military OneSource can help you manage your move with PCS resources and support, helpful tips, testimonials from those who have been there, and hands-on information, including powerful tools like [Plan My Move](#).

Support is available for [every step of your PCS](#), whether you're traveling solo or taking your family with you.

Tap into relocation assistance resources, including [MilitaryINSTALLATIONS](#), to help you manage your move so you can get on with your mission.

Check out this [Preparing to Move MilLife Guide](#), which has plenty of tips and resources about moving your belongings, making a move easier for children and moving with pets.

Discover detailed moving information in the topic centers below, which include articles, resources and benefits to help answer your questions about moving and settling in.

Fort Knox ACS hosts an in-person Military Moves briefing on the **1st and 3rd Wednesday** of each month. Subject matter experts are available to answer your questions as you prepare for your upcoming PCS.





# EFMP Family Support Systems Navigation



**“The most important thing to remember is that support exists!”**

**Your EFMP Systems Navigator is able to assist your family with the following:**

- Provide respite care information
- Special Education support with IEP & 504 Plans
- Provide support groups & recreational activities
- Finding programs for financial assistance
- Assist in locating community resources
- Help with ANY Exceptional Family Member (EFM) need

**DID YOU KNOW?**

If you require specialty care more than once a year, you may qualify for EFMP enrollment.

**DID YOU KNOW?**

EFMP enrollment is mandatory for Soldiers who have a Dependent with a qualifying special need.

**Contact your System Navigator at 502-624-8391**

### **EFMP Did You know??**

Each installation offers services through two different EFMP offices-the Military Treatment Facility (MTF) EFMP and Army Community Service (ACS) EFMP.

1. For EFMP initial screening, enrollment, updates, and overseas screenings, contact the Fort Knox MTF EFMP at 502-624-6211. This office is located in the Margetis facility, Building 6289 on Claiborne Street.
2. For resources, advocacy, support groups, and local and state information, contact ACS EFMP at 502-624-4067. ACS EFMP is located at 411 Eisenhower Ave in





# EFMP RESPITE CARE

Respite care offers a qualified caregiver in your home for your family members enrolled in the Exceptional Family Member Program (EFMP). To determine your eligibility, please reach out to the ACS EFMP Family Support office at 502-624-8391.

**CONTACT US!**

**EFMP** Family  
Support



**EFMP** Family Support



**NPSP/EFMP**

# COMMUNITY PLAYGROUP RETURNS IN DECEMBER!

**4 DECEMBER & 18 DECEMBER**

**FROM 10:00 AM TO 11:30 AM**

**MACDONALD ELEMENTARY SCHOOL**

**128 MCCracken STREET; FORT KNOX, KENTUCKY 40121**



**Free and open to all Fort Knox parents with children ages zero to five of all abilities.  
For more information, please call (502) 888-5884 or email  
[megan.r.setter.civ@army.mil](mailto:megan.r.setter.civ@army.mil).**



# FORT KNOX NEW PARENT SUPPORT PROGRAM



## CLASS DESCRIPTIONS

### Basics of Postpartum and Newborn Care

The class on postpartum and infant care offers new parents essential insights and practical skills for navigating the early days of parenthood. Participants will learn about the physical and emotional changes that occur after childbirth, including self-care strategies for recovery. The curriculum covers key topics such as infant feeding techniques, safe sleep practices, bathing, diapering, and recognizing developmental milestones. Interactive discussions and hands-on demonstrations will empower parents to confidently care for their newborns while also addressing their own well-being. By the end of the class, attendees will feel better equipped to foster a nurturing environment for both themselves and their baby.

### Breastfeeding

The class on breastfeeding provides expectant and new parents with comprehensive knowledge and practical skills to support successful nursing. Participants will learn about the benefits of breastfeeding for both mother and baby, proper latch techniques, and effective positioning to ensure comfort during feeding. The curriculum also covers topics such as managing common challenges, understanding breastfeeding patterns, and maintaining milk supply. Through interactive discussions and demonstrations, attendees will gain confidence in their abilities to navigate the breastfeeding journey. By the end of the class, parents will feel empowered and well-prepared to foster a positive breastfeeding experience for themselves and their newborns.

### FOR MORE INFORMATION

**New Parent Support Program**  
**Fort Knox Army Community Service**  
 411 Eisenhower Avenue, Building 1477  
 Fort Knox, KY 40121  
 (502) 624-8391/6291



**Families can contact Dr. Megan Setter at 502-624-5970 to schedule individual classes.**



### Birth to Baby

The class on what to expect during labor and delivery prepares expectant parents for the transformative experience of childbirth. Participants will explore the stages of labor, common signs of onset, and various pain management options, including both medical and natural techniques. The curriculum also covers what to anticipate in a hospital or birthing center environment, including the roles of healthcare professionals and available support systems. Through informative discussions and visual aids, attendees will gain confidence in their birth plans and learn how to communicate effectively with their care team. By the end of the class, parents will feel more informed and empowered, ready to embrace the journey ahead.

### Comfort Techniques

The class on comfort techniques during labor provides expectant parents with effective strategies to manage pain and enhance the overall childbirth experience. Participants will explore a variety of methods, including breathing exercises, relaxation techniques, and movement strategies, as well as the use of heat, massage, and hydrotherapy. Emphasizing both physical and emotional support, the class encourages partners to actively participate in comfort measures, fostering a collaborative environment. Demonstrations will allow attendees to practice these techniques, ensuring they feel prepared and confident as they approach labor. By the end of the session, parents will have a toolkit of comfort strategies to help navigate the challenges of labor with greater ease.

### Infant and Toddler CPR

The class on infant and toddler CPR and choking equips caregivers with crucial life-saving skills to respond effectively in emergencies. Participants will learn the essential techniques for performing CPR on infants and young children, including the correct chest compression and rescue breath methods. The course also covers how to identify and manage choking incidents, providing step-by-step guidance on back blows and abdominal thrusts. Through hands-on practice with mannequins and real-life scenarios, attendees will gain confidence in their ability to act quickly and decisively. By the end of the class, caregivers will leave with the knowledge and skills needed to ensure the safety and well-being of their little ones in critical situations.

### Infant and Toddler Safety

The class on infant and toddler safety provides essential guidance for parents and caregivers to create a secure environment for young children. Participants will explore a range of topics, including childproofing the home, safe practices for car travel, and recognizing potential hazards in everyday settings. The curriculum covers emergency preparedness and strategies for preventing common injuries. Through interactive discussions and practical demonstrations, attendees will learn how to identify risks and implement effective safety measures tailored to infants and toddlers. By the end of the class, caregivers will feel empowered with the knowledge and skills needed to protect their little ones and promote a safe, nurturing environment.

### Period of PURPLE Crying and Safe Sleep

The class on the period of purple crying and safe sleep educates parents and caregivers about the normal developmental phase that infants experience, characterized by increased crying and fussiness. Participants will learn the characteristics of this phase, how to cope with the challenges it presents, and effective soothing techniques to help calm a distressed baby. Additionally, the class emphasizes the importance of safe sleep practices, including proper sleeping positions, safe sleep environments, and reducing the risk of Sudden Infant Death Syndrome (SIDS). Through engaging discussions and practical demonstrations, attendees will gain valuable insights to promote their baby's well-being while fostering a nurturing and safe environment. By the end of the session, parents will feel more informed and prepared to navigate this challenging yet critical period in their child's early life.

#### FOR MORE INFORMATION

**New Parent Support Program**  
**Fort Knox Army Community Service**  
411 Eisenhower Avenue, Building 1477  
Fort Knox, KY 40121  
(502) 624-8391/6291



**Families can contact Dr. Megan Setter at 502-624-5970 to schedule individual classes.**



**ARE YOU STRUGGLING TO GET OUT  
OF AN UNHEALTHY RELATIONSHIP?**

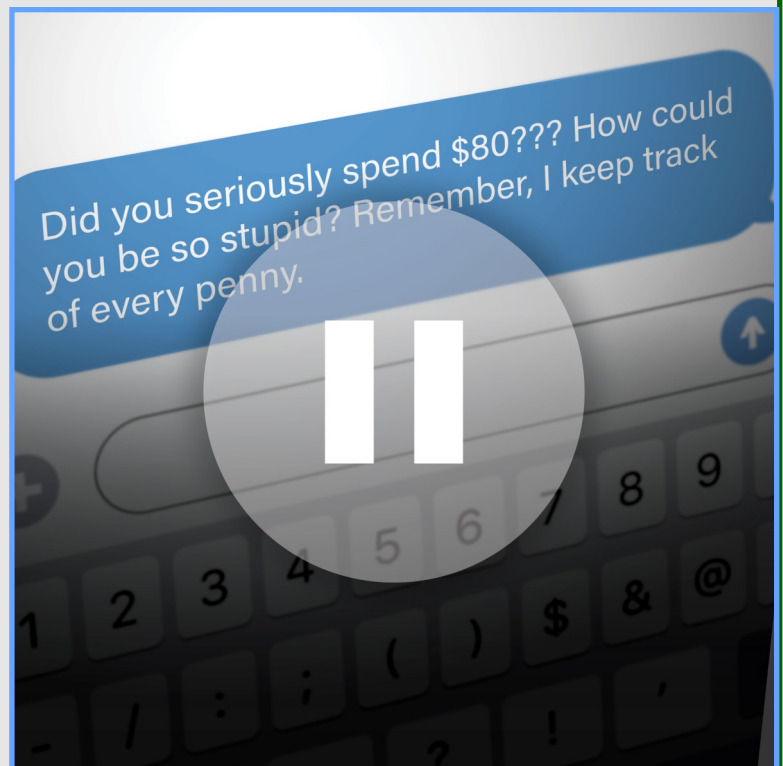
**The struggle  
stops here!**

**Call Fort Knox  
ACS Family  
Advocacy  
Program or visit  
Military  
OneSource.mil  
to learn about  
your options for  
support.**

## **Take that PAUSE!**

**Taking control over  
finances in your  
relationship?**

**Take a pause — call  
the Family Advocacy  
Program at  
502-624-5970 or visit  
militaryonesource.mil  
to find resources to  
help you address  
harmful patterns.**





FAP Leader Training for Command Teams, FAP Troop Training for Units, and FAP Professional Trainings are available by request.

Fort Knox Policy Memo Number 6, Commanders “will attend domestic abuse and child abuse commander briefing designed for unit commanders within 45 days of assuming command and ensure Soldiers attend FAP troop awareness briefing on domestic abuse and child abuse to include resources available presented by ACS personnel.”

**To schedule FAP Training, please contact:**  
**Dr. Megan Setter, Acting Family Advocacy Program**  
**Manager, [megan.r.setter.civ@army.mil](mailto:megan.r.setter.civ@army.mil),**  
**(502) 624-5970/8391**

**Commanders & First Sergeants sign up to get your Annual FAP training!!**

## **FAMILY ADVOCACY PROGRAM FORT KNOX RESOURCES**

**Fort Knox  
Family Advocacy  
Program  
502-624-5970/8391**

**Fort Knox  
ACS Victim Advocate  
502-888-5796**

**Fort Knox Military Police  
911 (Emergency)  
502-624-2111 (Non-  
Emergency)**

**Military OneSource  
1-800-342-9647  
[Militaryonesource.mil](http://Militaryonesource.mil)**

**National Support  
800-799-7233  
[Thehotline.org](http://Thehotline.org)**





### Potty Training 101

The class on potty training offers parents and caregivers practical strategies and insights to successfully navigate this important developmental milestone. Participants will learn about the signs of readiness, different potty training approaches, and how to create a positive and encouraging environment for their child. The curriculum includes tips for managing accidents, establishing routines, and reinforcing good habits, all while emphasizing patience and understanding. Through engaging discussions and shared experiences, attendees will gain confidence in their ability to support their child through this transition. By the end of the class, parents will leave with a personalized potty training plan and the tools to make the process smoother and more enjoyable for their family.

### Recognizing and Reporting Child Abuse or Neglect

The class on recognizing and reporting child abuse and neglect equips participants with vital knowledge and skills to identify warning signs and take appropriate action. Through an engaging mix of discussions and role-playing scenarios, attendees will learn about the different types of abuse and neglect, their potential impacts on children, and the legal and ethical responsibilities involved in reporting. Emphasizing a compassionate approach, the class fosters a deeper understanding of the complexities surrounding these issues, while also providing practical guidance on how to navigate reporting procedures and support affected families. By the end of the session, participants will feel empowered to play an active role in safeguarding children's well-being within their communities.

### 24:7 Dad®

24:7 Dad® is an evidence-based fatherhood program used by hundreds of organizations across the U.S. to improve the knowledge, behavior, and skills of diverse dads. The program is built on the basis that fathers can be nurturers, and nurturing is a learned skill for men. Throughout the program, men examine their fatherhood history, learn the five characteristics of a 24:7 Dad®, and learn other essential behaviors such as working with mom and proper child discipline to help them be the best dads possible.

### FOR MORE INFORMATION

New Parent Support Program  
Fort Knox Army Community Service  
411 Eisenhower Avenue, Building 1477  
Fort Knox, KY 40121  
(502) 624-8391/6291



**Families can contact Megan Setter at 502-624-5970 to schedule individual classes.**

# PARENT'S *Day/Night Out*

## NIGHT OUT

Child Development Center, Bldg 4250: 6:30 pm - 11 pm, Infants - Pre-K  
School Age Center, Bldg 4251: 6:30 pm - 11 pm, Kindergarten - 5th Grade

Oct 17, 2025

Dec 19, 2025

Feb 20, 2026

April 17, 2026

June 26, 2026

Aug 14, 2026



## DAY OUT

Child Development Center, Bldg 4250: 9 am-4 pm, Infants - Pre-K  
School Age Center, Bldg 4251: 9 am-4 pm, Kindergarten - 5th Grade

Aug 16, 2025

Sept 20, 2025

Nov 15, 2025

Jan 10, 2026

March 21, 2026

May 16, 2026

July 18, 2026

Sept 19, 2026

**HOURLY CARE  
AVAILABLE  
FOR AGES**

**6 WEEKS - 5TH GRADE .  
8 PER HOUR/PER CHILD**

Children must be registered with CYS and all paperwork must be up to date. Reservations can be made by contacting Parent Central Services at (502) 624-6703. Reservations will open a month in advance and will close 48 hours prior to the day of care. There is a minimum reservation requirement of two hours. A two hour "No Show" fee applies for patrons who fail to show or cancel their reservation at least 24 hours in advance of the reservation.

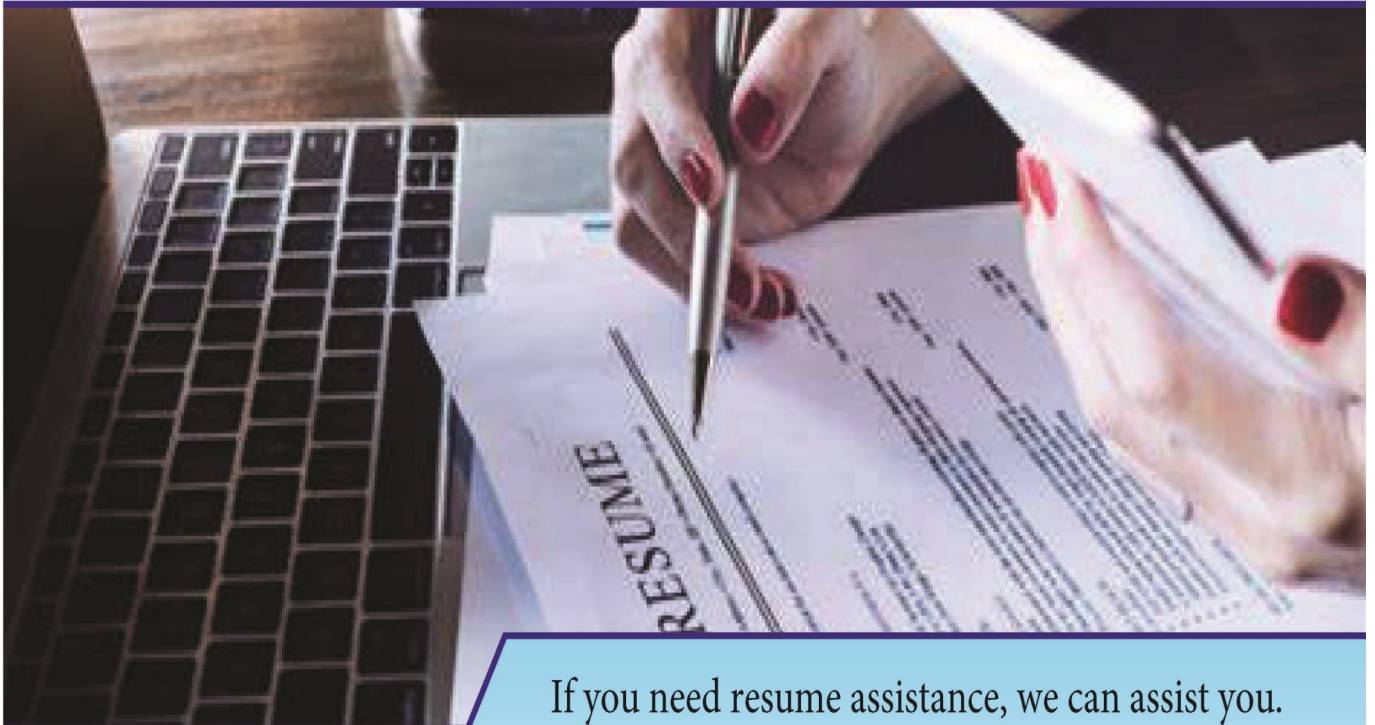
**ADVENTURE FOR THEM, RELAXATION FOR YOU**



FOR MORE INFORMATION:  
(502) 624-6703



# Resume Writing Class



If you need resume assistance, we can assist you.



For more information  
or to RSVP, contact  
the Employment  
Readiness Program:

502-624-8068

[summer.t.carney.civ@army.mil](mailto:summer.t.carney.civ@army.mil)

## Upcoming Classes:

- \* Friday 17 October 9:30am-11:30am
- \* Thursday 6 November 1:30pm-3:30pm
- \* Thursday 20 November 9:30am-11:30am
- \* Thursday 11 December 1:30pm-3:30pm



# Military Spouse

## Co-Working Space

PURSUE YOUR CAREER GOALS

ATTEND VIRTUAL MEETINGS

START OR GROW A BUSINESS

WORK/STUDY WITHOUT INTERRUPTION

ATTEND ONLINE CLASSES

### Is working from home not working for you?

We now offer Military Spouse Co-Working space for professionals, freelancers, and startups; to connect, communicate, and collaborate.

The Co-Working Space can also be used for online classes, when you need a quiet space to study and focus on that final!



For more information or to reserve a spot  
call 502-624-8068 or 502-624-2133



411 Eisenhower Ave, Bldg 1477  
Fort Knox, KY 40121

**Who**  
**Military Spouses**

**Where**  
**Graham Hall**  
**70 Pershing Dr Bldg 1378**

**When**  
**Mon-Fri • 8am - 4:30pm**  
**Closed Holidays**

We offer Military Spouses a Co-Working space for professionals, freelancers, and startups a quiet place to connect, communicate, and collaborate.

The Co-Working Space can also be used for online classes when you need a quiet place to focus.

For more info or to reserve a spot call 502-624-2133.

# Looking for a job?

The ACS Employment Readiness Program can assist you with various employment needs from career planning to writing resumes and more.

Call 502-684-8068 for more information or to RSVP for a class.

**Find a job through the Military Spouse Employment Partnership at:**

**<https://myseco.militaryonesource.mil/portal/msep/jobs>**



## **Holiday Stress Toolkit for Military Families**

**Don't let the Holiday Season give you the blues Check out the Holiday Stress Toolkit for Military Families.**

**<https://www.magellanfederal.com/whats-new/mfed-inform/holiday-stress-toolkit-for-military-families/>**



**I WANT YOU**

**TO DOWNLOAD THE  
MY ARMY POST APP!**



    @FortKnoxKY  @U-S-Army-Garrison-Fort-Knox  @FortKnoxMedia

**FREE** mobile app designed to provide Soldiers, Families, and Garrison teams with a centralized information hub.

Find a wide range of resources and information such as in-processing procedures, gate access, local weather, important alerts, etc.



# INSTALLATION NEWCOMER ORIENTATION

**COMMUNITY PARTNER INFORMATION FAIR**

*MILITARY SPOUSES INVITED TO ATTEND*

**SABER & QUILL • 0830-1200**

1118 CHAFFEE AVE • FORT KNOX, KY 40121

**1<sup>ST</sup> WEDNESDAY OF EACH MONTH**



**2025**

**Jan 8**

**Feb 5**

**Mar 5**

**Apr 2**

**May 7**

**Jun 4**

**Jul 2**

**Aug 6**

**Sep 3**

**Oct 1**

**Nov 5**

**Dec 3**



ACS Relocation Program (502) 624-8391/6291  
usarmy.knox.id-training.list.dfmwr-ac@army.mil

## Welcome to Fort Knox!!

Moving is a part of Military life. The Relocation Readiness Program offers a comprehensive support system for Soldiers and their Families, and DA Civilians.

Join us for the Installation Newcomer Orientation the first Wednesday of each month to learn information about ACS programs, and 30 community partners will be available to assist you in being successful at Fort Knox.

**Spouses are encouraged to attend!**

## FORT KNOX ACS

RELOCATION READINESS PROGRAM

# LENDING CLOSET



**SOLDIERS, FAMILIES, & DOD CIVILIANS WITH  
ORDERS OR ID CARDS, CAN BORROW  
HOUSEHOLD ITEMS FOR FREE.**

Borrow housekeeping essentials & small appliances  
for up to 30 days to simplify your move!

Sample items available: Pots & Pans, Coffee Makers, Crock Pots, Toasters, Ironing  
Board & Iron, Bakeware, Dishes, Silverware, Drinkware, & More!

### CALL

502-624-8391

### LOCATION

411 Eisenhower Avenue,  
Bldg. 1477

**Monday – Friday, 0730-1600**



**The Lending Closet provides housekeeping essentials on free temporary loans to incoming and outgoing Soldiers, Families, and DoD Civilians, and in other cases as appropriate. We encourage you to not purchase items you already own and borrow from us while you wait.**

# Volunteer Opportunity!

Fort Knox



Welcome to a community of both new and experienced fellow fiber artists for a social opportunity to work on personal projects, learn new skills, and explore other arts!

Join our Facebook  
Page!  
"Fort Knox Stitch  
Brigade"

2nd Wednesdays at Barr  
Library, 5-7pm  
4th Wednesdays at ACS,  
10am-12pm

**Stitch Brigade is on Facebook!**  
**Search: Fort Knox Stitch Brigade and click JOIN**





## VMIS: Volunteer Management Information System

**VMIS**, makes it easy for volunteers to search and apply for volunteer opportunities, log volunteer hours, and document training and awards. The best part is your service record will travel with you to each duty station!

To get started, visit:  
<https://vmis.armyfamilywebportal.com/>

### **Volunteer Opportunities**

- ♦ Army Community Service
- ♦ American Red Cross
- ♦ Fort Knox Spouses Club
- ♦ Barr Library
- ♦ Religious Education
- ♦ Humane Society
- ♦ & more!!

### **Why Track Your Volunteer Time?**

- ♦ Skill building –add info to your resume.
- ♦ Scholarships & Education
- ♦ Recognition
- ♦ Dept. of the Army regulation

**Questions??**  
**Call**  
**502-624-8391**

## Have you recently been appointed as a Sponsor?

Use the eSponsorship Application & Training online course to learn about the tools and resources to help you sponsor a newcomer's move .

ACS can further assist you with additional resources by calling 502-624-8391/6291.



**MILITARY ONE SOURCE | MilLife LEARNING**

# Savvy Sponsors Help Others Start Strong

**The eSponsorship Application & Training online course gives you intel and resources you can use to help newcomers settle in successfully.**

Be prepared for success as a sponsor. Take the eSponsorship Application & Training course to get the information and resources you need to sponsor with confidence. Here's a quick overview of what to expect.

### Easy Access

You can access the eSAT course 24/7 through MilLife Learning at <https://militarylearning.militaryonesource.mil/>

- Choose **Course Catalog**.
- Type **eSAT** in the search bar.
- Under course description, click **LOG IN TO ENROLL**.
- Follow steps to either log in or create an account.

### Updated Interactive Format

New sponsors can learn from realistic PCS scenarios. Experienced sponsors can demonstrate knowledge and earn a certificate at the beginning of the course.

### The Most Current Information

Get the most effective and up-to-date information so you can share accurate intel.

### Customizable Resources

Download a newcomer needs assessment, a newcomer needs checklist, and sample sponsor correspondence for your initial welcome and follow up messages.

### A Certificate of Completion

Upon completing the course, you can download and print your certificate. It's also stored on MilLife Learning for later retrieval.

Contact your installation Military and Family Support Center to learn more about sponsorship, and be sure to review your service-level sponsorship policies.

**Fort Knox Army Community Service**  
411 Eisenhower Avenue  
Building 1477  
502-624-8391/6291

For additional information, please contact the Relocation Program Manager at 502-624-6173.

Our consultants are standing by 24/7 to support you and your newcomer.

<https://MilLifeLearning.MilitaryOneSource.Mil> | [www.MilitaryOneSource.mil](http://www.MilitaryOneSource.mil) | 800-342-9647





## Citizenship & Immigration Services



Are you seeking guidance on the citizenship and residency application process? Your Relocation Readiness Program Manager can act as a liaison and establish virtual appointments with the United States Citizenship & Immigration Services (USCIS) Louisville Office.

### Additional Support Options:

The U.S. Citizenship and Immigration Services Military Help Line.

- Call **877-247-4645** or visit <https://www.uscis.gov/military/military-help-line> to speak with a USCIS representative Monday thru Friday 8am-6pm.

Contact Military OneSource

- Call **1-800-342-9647** for help with immigration, citizenship and the naturalization process.
- FREE document translation & language translation services in real time.

Mango Language Program

- FREE for Active Duty Soldiers and their Families. Online learning programs includes 21 English language courses.

**Call 502-684-6173/8391 for more information  
or to set up an appointment.**

**Looking for Resources – Not sure who to call?  
Call ACS @ (502)624-8391**



**Community Information**

**(502) 624-8391**

Local, Military & Civilian Information and Resources

**Army Emergency Relief (AER)**

**(502)624-5989**

Emergency Financial Assistance

**Exceptional Family Member Program (EFMP)**

**(502) 624-4067**

Support to Family members with special needs; Respite Care

**Family Advocacy Program**

**(502) 624-5970**

Patient Education & playgroups, New Parent Support Program, Commander, Senior Advisors & Troop Briefings

Victim Advocacy Services

**(502) 888-5796**

**Financial Readiness Services**

**(502) 624-5989**

Budget Counseling, Consumer Rights, Understanding Credit, Personal Financial Management Training

**Mobilization, Deployment and Support Stability Operations**

**(502) 624-2006**

Pre & Post Deployment Briefings

**Relocation Services**

**(502) 624-6173**

Military One Source/Installation Directory, Welcome & Departure Resources, Foreign Born Spouse Support

**Survivor Outreach Services**

**(502) 624-2006**

Support Groups, Outreach, and Resources for Families of Fallen Soldiers .

**Volunteer Opportunities.**

Visit the Volunteer Management Information System (VMIS) website on the Army Family Web Portal at <https://vmis.armyfamilywebportal.com/>. Log in or use site as a Guest. On "Opportunities" page, click Filters and search by Fort Knox community. Or directly contact those



**August 2025**

Download the NEW mobile **My Army Post App (MAPA)** for real-time information about gate closures, inclement weather, events, units, and information about on-post services.



## ***Our Mission:***

***The mission of Army Community Service (ACS) is to facilitate the commander's ability to provide comprehensive, standard, coordinated, and responsive service that support Soldiers, Department of the Army (DA) Civilians, and Families regardless of geographical location by maximizing technology and resources, eliminate duplication in service delivery, and measure service effectiveness.***

### **Important Phone Numbers & Community Resources**

- Army Community Service (ACS): (502) 624-8391
- Advocacy and Support Center (Elizabethtown): (877) 672-2124
- American Red Cross: (502) 624-2163
- Department of Community Based Services (DCBS) (CPS): (877) 597-2331
- Emergency, Ambulance, Fire, Police: 911
- Family Advocacy Program Manager: (502) 624-5970
- IRAHC Appointment Line: (800) 493-9602
- Installation Chaplain: (502) 624-5255/6847
- Military Family Life Counselors: (270) 855-1082
- Military One Source: (800) 342-9647
- Military Police (24/7): (502) 624-2111
- National Suicide Prevention Lifeline: 988
- Sexual Assault Hotline (24/7): (502) 851-3779
- SpringHaven Domestic Violence Shelter: (270) 769-1234
- Silverleaf Advocacy & Support Center (Elizabethtown): (877) 672-2124
- Social Work Service (FAP): (502) 626-9884/9885
- Victim Advocate (Domestic Violence): (502) 624-2635
- Kentucky Coalition Against Domestic Violence: <https://www.kcadv.org>

# Domestic Violence Awareness Month

## "In Their Shoes" One Day Training Event

presented by  
Fort Knox Family Advocacy Program

Understand the complexities of domestic violence by walking in the shoes of survivors.

- Real victim experiences
- Guided simulation
- Engage with Fort Knox providers and community partners
- Earn credit toward your annual FAP Troop and Professional Training requirement



**Tuesday,  
January 13, 2026  
Sadowski Center**



0900-1000 (20 slots)  
0945-1045 (20 slots)  
1030-1130 (20 slots)  
1115-1215 (20 slots)  
1200-1300 (20 slots)

Registration required  
Deadline January 6



To register or learn more, contact the  
Family Advocacy Program at (502) 888-5796  
or email us at [astrid.c.lopezperez.civ@army.mil](mailto:astrid.c.lopezperez.civ@army.mil)

