



Fort Knox ACS Community Connection

October 2026

Connect with Fort Knox ACS!

411 Eisenhower Ave. Bldg. 1477

Fort Knox, KY 40121

t: (502) 624-8391

e: usarmy.knox.id-t2.list.dfmwr-acs@army.mil

w: <https://knox.armymwr.com/categories/community-support>

The mission of Army Community Service (ACS)

To facilitate the commander's ability to provide comprehensive, standard, coordinated, and responsive service that support Soldiers, Department of the Army (DA) Civilians, and Families regardless of geographical location by maximizing technology and resources, eliminate duplication in service delivery, and measure service effectiveness.



Army Prevention Roundtables

Army Prevention Roundtables

The Army Directorate of Prevention, Resilience and Readiness invites Soldiers, Army Civilians and Family members to join confidential roundtable discussions and help shape the Army's integrated prevention awareness campaign.

Share what prevention messages work, what does not and what would feel relevant and trustworthy to your community. Your feedback will help inform Army communications on sexual assault, suicide, domestic abuse, substance misuse, readiness and unit cohesion.

Sessions are **Oct. 5–9**, and last about 90 minutes. Please use the [sign-up form](#) to complete screening questions and select a preferred session.

https://forms.osi.apps.mil/pages/responsepage.aspx?id=D9fm-kuVEUiStgUw1vhMQzwxNAMnjZpCuTuDD7RxpJJUMDAyUUdERFBjtjhTNkk5UVlHTjdCRlBlNS4u&utm_medium=email&utm_source=govdelivery&route=shorturl

Referral Management Care Coordinators now at Ireland Army Health Clinic

Meet Your REFERRAL MANAGEMENT CARE COORDINATORS

HELPING YOU NAVIGATE SPECIALTY CARE



YOUR CARE.
YOUR PARTICIPATION.

Our Support.

Ireland Army Health Clinic is pleased to introduce our **Referral Management Care Coordinators (RMCCs)**—a dedicated resource to help beneficiaries navigate the specialty care referral process.



Our RMCCs work alongside you to make the referral process easier to understand and provide additional support when questions, delays, or other challenges arise.

HOW CAN WE HELP?



Understand your referral status and next steps



Address barriers or delays that may affect access to specialty care



Help resolve referral-related issues or concerns



Coordinate additional support for referrals that may require closer attention



Connect you with the appropriate resource when additional assistance is needed



PARTNERING

With You in Your Care

Your involvement is an important part of the referral process. Staying engaged and informed helps you understand your care and the next steps along the way.

Our Referral Management Care Coordinators are here to **guide, coordinate, and assist** when you need additional support.

NEED ASSISTANCE?



REFERRAL MANAGEMENT
CARE COORDINATORS
502-624-2688



MEDICAL RECORDS REQUESTS
FROM NETWORK PROVIDERS
Fax: **877-811-2183**

For medical records requests from network providers, please use the fax number above.

IRELAND ARMY HEALTH CLINIC

TRUSTED CARE. READY SUPPORT. STRONGER TOGETHER.

Family Advocacy Program (FAP)



PAUSE
What's Inside
MATTERS

Fort Knox Domestic Violence Awareness Month 2026 Schedule of Events

A Mile in Their Shoes 1-31 October 2026
Walk or run to raise awareness and support those impacted by domestic violence. Record your name and distance on a purple ribbon at Otto, Gannon, Hatcher and Smith Gyms or Army Community Service.

Community Proclamation 7 October 2026
10:00 AM - 11:00 AM | Saber and Quill (1118 E Chaffee Avenue)
Join us at Newcomer Orientation as Garrison Leadership signs a community proclamation recognizing Domestic Violence Awareness Month (DVAM) and reaffirming Fort Knox's commitment to a safe, supportive community.

In Their Shoes Training 21 October 2026
9:00 AM - 1:00 PM | The Sadowski Center (6607 Wilson Road)
An interactive training simulation exploring barriers individuals experiencing domestic violence may face. Complete your Fall annual training and learn more about community resources available to help.

Purple Thursday 22 October 2026
Wear purple to show your support for those impacted by domestic violence, raise awareness, and stand together against abuse in recognition of DVAM.

Information Tables
Join us at community events throughout the month to learn more about the Family Advocacy Program.

24 September 2026
3:00 PM - 7:00 PM | Warrior Warehouse (1751 Famous 4th Division Road)

22 October 2026
11:00 AM - 1:00 PM | Army Community Service (411 Eisenhower Avenue, Building 1477)

1 October 2026
4:00 PM - 7:00 PM | Gannon Fitness Center (850 Radio Street)

For more information, please contact the Fort Knox Family Advocacy Program at 502-888-5796.

Logos: MWR, ACS, U.S. Army, Family Advocacy Program



Fort Knox! EFMP Exceptional Family Member Program

FRIGHTFULLY FUN TRICK-OR-TREAT EVENT
AT ARMY COMMUNITY SERVICE

THURSDAY, 22 OCTOBER 2026
11 A.M. - 1 P.M.

Army Community Service
411 Eisenhower Avenue
Building 1477
Fort Knox, KY

FREE AND OPEN TO ALL Fort Knox parents with children ages 0 to 5 of all abilities!

COSTUMES ENCOURAGED!

TRICK OR TREAT! **FAMILY RESOURCES** **GAMES & ACTIVITIES** **COMMUNITY PARTNERS** **FUN FOR ALL AGES!**

ARMY COMMUNITY SERVICE
PEOPLE • FAMILIES • READINESS

ACS Real Life Solutions for Successful Army Life

For more information, please contact ACS at (502) 624-8391.
Strong Family Foundations Start Here!

Logos: U.S. Army, Family Advocacy Program, ACS



UNITED AGAINST DOMESTIC ABUSE **5 Ways to Help a Friend Who's Experiencing Domestic Abuse**

Everyone's situation is different – domestic abuse can happen to anyone and it's not their fault. And it can be difficult to know how to help a friend, coworker or loved one who is in an abusive relationship. Here are five simple things you can do to safely help someone you care about in their time of need.

1. Ask to connect
"How do you prefer we connect?"
Having a safe way to communicate is important. Let your friend or loved one tell you what is safest for them and honor that. Do not pressure the person to leave. Instead, support them without judgment. Offer to help them plan for their safety or seek outside support when they are ready.

2. Stay in touch
"Let's play a game online."
Finding creative reasons to call, text, video chat or use social media check-ins may provide a lifeline for those who feel unsafe at home. For example, some games have chat functions that may allow for communication in nontraditional spaces. Starting up a game that has chat may allow you to check in with your friend without making the abuser suspicious. There are privacy and safety tips for online gaming from the National Network to End Domestic Violence at <https://www.techsafety.org/onlinegaming>.

3. Support and believe
"I care about you and I'm here for you, no matter what."
Remind your friend that they are not alone and that you are there for them. If they choose to talk about the abuse, listen and show empathy. Let them know the abuse is not their fault and that you believe them. Ask what you can do to help.

4. Chat about options
"Let's create a safety plan."
Options are empowering. Talk to your friend about their options for seeking help or reporting domestic abuse in the military: <https://www.militaryonesource.mil/familyrelationships/family-life/preventing-abuse/neglect/domestic-abuse/military-reporting-options>. Let them know that domestic abuse victim advocates are available 24/7 to help them think through dangerous situations and create a safety plan: <https://www.militaryonesource.mil/leaders-service/providers/child-abuse-and-domestic-abuse/victim-advocate-locator>.

5. Share the hotline
"Here is the information for that restaurant I told you about."
It may be safer for your friend if you research support options for them – such as the National Domestic Violence Hotline at <https://www.thehotline.org> – on your device, provided you feel safe doing so. Use your agreed-upon code and a safe communication method when providing this information so it remains private between the two of you.

Resources and support to share
Immediate crisis support
National Domestic Violence Hotline
800-799-7233, 800-787-3224 en Español
<https://www.thehotline.org/>
Local support, 24/7
Domestic Abuse Victim Advocate Locator
<https://www.militaryonesource.mil/leaders-service/providers/child-abuse-and-domestic-abuse/victim-advocate-locator>
Support for teens
Love is Respect | Text "LOVEIS" to 866-331-9474
<https://www.loveisrespect.org/>

Installation support
Fort Knox Victim Advocate (502) 888-5796
Victim Advocate Call Center 1(855) 827-0400
ZeroV Crisis Line 1(877) 949-0515
Fort Knox Military Police (502) 624-2111

MILITARY ONESOURCE The Family Advocacy Program supports service members and their families impacted by domestic abuse through victim advocacy and crisis intervention.

Exceptional Family Member Program (EFMP)



EFMP Family Support **ARMY COMMUNITY SERVICE ACS**
Real-Life Solutions for Successful Army Living

Halloween

Create and Connect with EFMP

Tuesday, October 13, 2026
4:30 PM – 5:30 PM

Army Community Service (ACS)
411 Eisenhower Ave
Fort Knox, KY

Join us for a fun-filled afternoon of Halloween crafts, creativity and connection with other EFMP families!

RSVP by calling ACS EFMP
502-624-8391
We hope to see you there!

CRAFT LAUGH CONNECT BELONG

TRICARE 101 for EFMP Families *Get the Information You Need!*

Have all of your TRICARE questions answered during this informative session.

MONDAY, 19 OCTOBER 2026
11:30 AM – 12:30 PM

Topics May Include:

- ✓ TRICARE benefits and coverage
- ✓ Finding a provider
- ✓ Referrals and authorizations
- ✓ Specialty care and EFMP considerations
- ✓ And more!

Interested in joining us?
CALL ACS EFMP AT 502-624-8391 OR EMAIL MARLA.J.HARRIS2.CIV@ARMY.MIL TO RECEIVE TEAMS LINK

Virtual Event via Teams!

We are here for you!



Supporting Families. Strengthening Lives.

EFMP RESPITE CARE

EFMP Respite Care provides a qualified caregiver in your home to give you a break while ensuring your family member receives quality care and attention.

BENEFITS OF RESPITE CARE

- Care is provided in the comfort of your home.
- Supports the well-being of the entire family by providing time to rest and recharge.
- Caregivers are screened and trained for quality support.
- Available to families enrolled in the Exceptional Family Member Program (EFMP).

INTERESTED?

To determine your eligibility or learn more, please contact:
ACS EFMP Family Support
502-624-8391

We're here to help!

ARMY COMMUNITY SERVICE ACS **EFMP Family Support**

EFMP Exceptional Family Member Program **ARMY COMMUNITY SERVICE ACS**
Real-Life Solutions for Successful Army Living
FORT KNOX, KENTUCKY

EFMP SYSTEM NAVIGATORS

CONNECTING FAMILIES • FINDING SOLUTIONS • BUILDING SUPPORT

NEED HELP NAVIGATING SERVICES AND RESOURCES FOR YOUR EXCEPTIONAL FAMILY MEMBER?

EFMP System Navigators provide individualized, one-on-one support to help military families identify needs, understand available resources, and connect with military and community services.

HOW CAN A SYSTEM NAVIGATOR HELP?

- Individualized Family Support
- Information & Referral
- Special Education Resources & IEP Support
- Local, State & Community Resources
- TRICARE & Healthcare Resource Navigation
- PCS Transition & Warm Hand-Off Support
- Housing & Accessibility Resources
- Respite Care Information
- Support During Life Transitions
- Connecting Families with Helpful Agencies & Programs

PERSONALIZED SUPPORT FOR YOUR FAMILY

Every family's needs are different. Your System Navigator can work with you to:

- IDENTIFY your family's needs and priorities.
- DEVELOP a Family Needs Assessment and Service Plan when appropriate.
- CONNECT you with resources and services.
- FOLLOW UP to help address ongoing needs.

You Don't Have to Navigate EFMP Alone!

Whether you're new to Fort Knox, preparing for a PCS, looking for resources, or simply don't know where to start, your EFMP System Navigator is here to help.

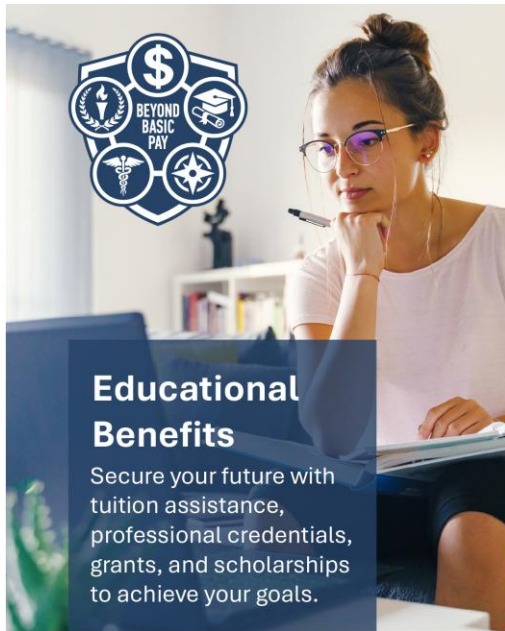
CONTACT FORT KNOX EFMP FAMILY SUPPORT

502-624-8391
Call today to connect with an EFMP System Navigator!

Army Community Service (ACS)
Exceptional Family Member Program
1477 Eisenhower Avenue, Bldg 1477
Fort Knox, KY 40321

SUPPORTING FAMILIES. EMPOWERING POSSIBILITIES. ENHANCING READINESS.

FAMILIES ★ SUPPORT ★ RESOURCES ★ POSSIBILITIES



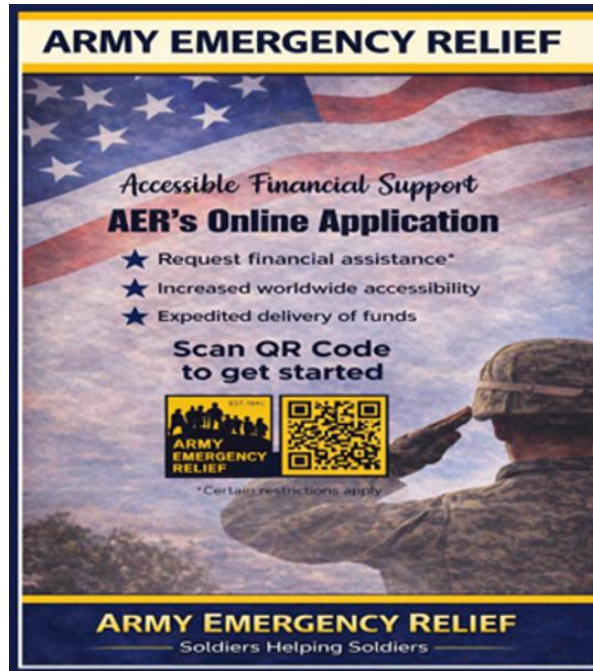
Educational Benefits

Secure your future with tuition assistance, professional credentials, grants, and scholarships to achieve your goals.



Healthcare Benefits

Access health, dental, and vision care alongside pre-tax flexible spending accounts to support your quality of life.



ARMY EMERGENCY RELIEF

Accessible Financial Support
AER's Online Application

- ★ Request financial assistance*
- ★ Increased worldwide accessibility
- ★ Expedited delivery of funds

Scan QR Code to get started

ARMY EMERGENCY RELIEF

*Certain restrictions apply

ARMY EMERGENCY RELIEF
— Soldiers Helping Soldiers —

Financial Readiness Program (FRP) Army Emergency Relief (AER)

- Know your benefits, maximize your future. A new website gives Service members and their families targeted, easy-to-use resources to understand and make the most of their military benefits. #BeyondBasicPay is a year-long initiative built on a simple truth: your compensation is far more than basic pay. Explore your benefits, identify what applies to you, and act today.
- Visit <https://militarypay.defense.gov/Compensation-Education/>

Employment Readiness Program (ERP)

Resume Development: Tips for Writing a Resume

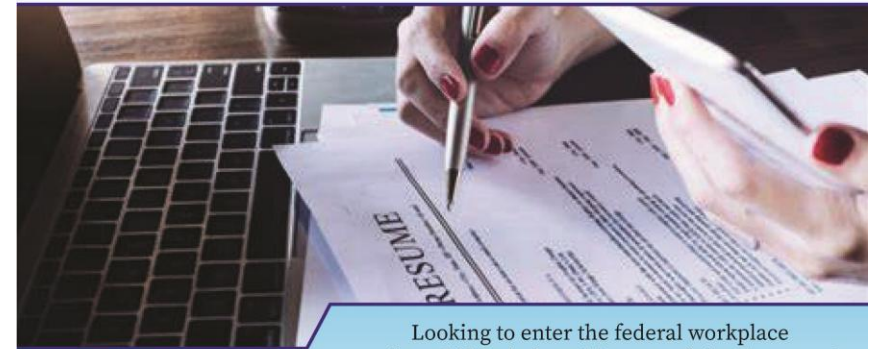
All Military Spouses and
Transitioning Soldiers
Welcome!

- Thursday 8 October 2026
0830-1230
- Transition Assistance Program
Graham Hall Bldg. 1378
70 Pershing Dr. Ft. Knox, KY
Classroom # 1

Pre-registration is **REQUIRED**:
****Military Spouses email: summer.t.carney.civ@army.mil
****Service Members Call
502-624-2627



Federal Resume Writing Class



Looking to enter the federal workplace
and would like help writing your federal resume?

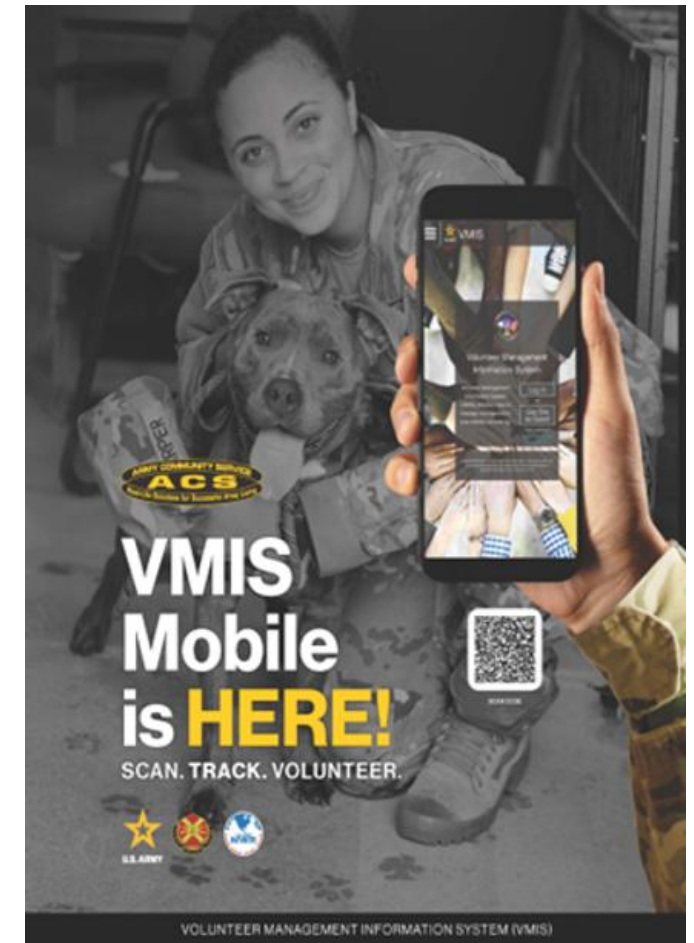
Upcoming Classes:

- * Friday 23 October 1:30pm-3:30pm
- * Friday 6 November 9:30am-11:30am
- * Tuesday 17 November 1:30pm-3:30pm
- * Thursday 10 December 9:30am-11:30am

For more information
or to RSVP, contact
the Employment
Readiness Program:

502-624-8068
summer.t.carney.civ@army.mil

ACS Volunteer Program



Relocation Readiness Program (RAP)

INSTALLATION NEWCOMER ORIENTATION

COMMUNITY PARTNER INFORMATION FAIR

MILITARY SPOUSES INVITED TO ATTEND

SABER & QUILL • 0830-1200
1118 CHAFFEE AVE • FORT KNOX, KY 40121

1ST WEDNESDAY OF EACH MONTH



ACS Relocation Program (502) 624-8391/6291
usarmy.knox.id-training.list.dfmwr-ac@army.mil

2026

Feb 4

Mar 4

April 1

May 6

June 3

July 1

Aug 5

Sept 2

Oct 7

Nov 4

Dec 2



SOLDIERS FAMILIES CIVILIANS
Stronger Together

MILITARY MOVES

PCS Brief

PLAN ★ PREPARE ★ MOVE ★ THRIVE

Join Army Community Services for an informative briefing designed to help you and your family prepare for a successful PCS move.



Get Information



Ask Questions



Learn About Resources



Feel Prepared

1ST AND 3RD WEDNESDAY OF EACH MONTH

OCTOBER 2026	NOVEMBER 2026	DECEMBER 2026
Wednesday, October 7 Wednesday, October 21	Wednesday, November 4 Wednesday, November 18	Wednesday, December 2 Wednesday, December 16



Saber & Quill
6517 Spearhead Division Ave.
Fort Knox, KY



1:00 PM



PLAN AHEAD
KNOW YOUR RESOURCES
MAKE A SMOOTH MOVE
WE'RE HERE FOR YOU

ON THE ROAD TO YOUR NEXT ADVENTURE



Call ACS with any questions at
502-624-8391

Moving Forward Together

ARMY COMMUNITY SERVICE | FORT KNOX, KY

My Army Post App (MAPA)



**My
Army
Post**

Download the App!



Download the NEW mobile **My Army Post App (MAPA)** for real-time information about gate closures, inclement weather, events, units, and information about on-post services.

Important Phone Numbers & Community Resources

- **Army Community Service (ACS): (502) 624-8391**
- **Advocacy and Support Center (Elizabethtown): (877) 672-2124**
- **American Red Cross: (502) 624-2163**
- **Department of Community Based Services (DCBS) (CPS): (877) 597-2331**
- **Emergency, Ambulance, Fire, Police: 911**
- **Family Advocacy Program Manager: (502) 624-5970**
- **IRAHC Appointment Line: (800) 493-9602**
- **Installation Chaplain: (502) 624-5255/6847**
- **Military Family Life Counselors: (270) 855-1082**

- **Military One Source: (800) 342-9647**
- **Military Police (24/7): (502) 624-2111**
- **National Suicide Prevention Lifeline: 988**
- **Sexual Assault Hotline (24/7): (502) 851-3779**
- **Silverleaf Advocacy & Support Center (Elizabethtown): (877) 672-2124**
- **Social Work Service (FAP): (502) 626-9884/9885**
- **Victim Advocate (Domestic Violence): (502) 624-2635**
- **After Hours DV Hotline: 1-855-827-0400**
- **DV COLALITION OF KY IS NOW ZERO V: <https://zerov.org>**

Army Community Service Resources

Community Information

502-624-8391

Local, Military and Civilian information and resources

Army Emergency Relief (AER)

502-624-8391

Emergency Financial Readiness

Exceptional Family Member Program (EFMP)

502-624-8391

Support for Family Members with special medical, educational needs; Respite Care

Family Advocacy Program (FAP)

502-624-5970

Parent education and playgroups, New Parent Support Program, Commander, Senior Advisors and Troop briefings.

Victim Advocate

502-888-5796

Financial Readiness Program (FRP)

502-624-8391

Budget Counseling, Consumer Rights, Understanding Credit, Personal Financial Management

Mobilization and Deployment and Support Stability Operations

502-624-2006

Pre and Post Deployment Briefings

Relocation Services

502-624-8391

Military One Sources/Installation Directory, Welcome and Departure resources.

Survivor Outreach Services (SOS)

502-624-2006

Support Groups, Outreach, and Resources for Families of Fallen Soldiers.

Volunteer Opportunities

Visit the Volunteer Management Information System (VMIS) website on the Army Family Web Portal at

<https://vmis.armyfamilywebportal.com/> Log in or use as a guest. On the Opportunities page, click filters and search by Fort Knox Community or directly contact those organizations for volunteer opportunities.