What is the WAQ program?

Warrior Adventure Quest is a resiliency training for Army units that is fully funded at no expense to the units. The main goal of the program is to mitigate boredom and high-risk behavior of soldiers by providing high-adventure activity in an outdoor environment. Secondly, help reinforce soldier unit cohesion and individual coping tools for stress and reintegration challenges for deployable and non-deployable units. All Warrior Adventure Quest trips are full workday trips, Wednesday’s, and Thursday’s, start times vary depending on activity.

Who can participate?

The WAQ program is only for active-duty soldiers or reserve units that are on Title 10. All units can participate once per calendar year. Deployable units can participate 120 days before their deployment or 120 days after their deployment ends. We are focused on Platoon size groups participating in these activities, our minimum group size is 25. Transportation is not provided; unit must provide their own.

**Reservation Details**

POC Name:

POC Email:

POC Phone:

Unit:

Primary Activity Date:

Secondary Activity Date:

Number of Soldiers:

Sign:

**WAQ Activity**

**Circle/Highlight One activity \*\* Max. # of participants/Transportation Time**

Paintball (\*\*70 / 30 min) Horseback Riding & High Ropes Course (\*\*30 / 1 hr)

Horseback Riding & Zip Line (\*\*30 / 1 hr)

Zip Line & High Ropes Course (\*\*30 / 1 hr) Archery Tag (\*\*25 / On post)

Kayaking (\*\*30 / 1 hr) Indoor Rock Climb (\*\*25 / On-post)

Warrior Adventure Quest Coordinator: Debbie Clements / (502) 624-1838 / [deborah.a.clements.naf@army.mil](mailto:deborah.a.clements.naf@army.mil)