



ACS Community Connection

September 2026

Connect with Fort Knox ACS!

411 Eisenhower Ave. Bldg. 1477
Fort Knox, KY 40121

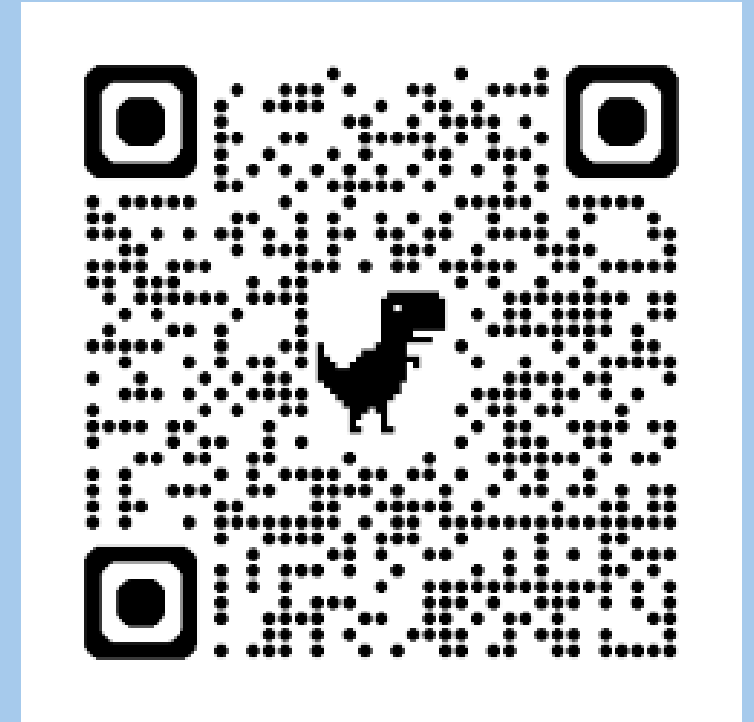
t: (502) 624-8391

e: usarmy.knox.id-t2.list.dfmwr-acs@army.mil

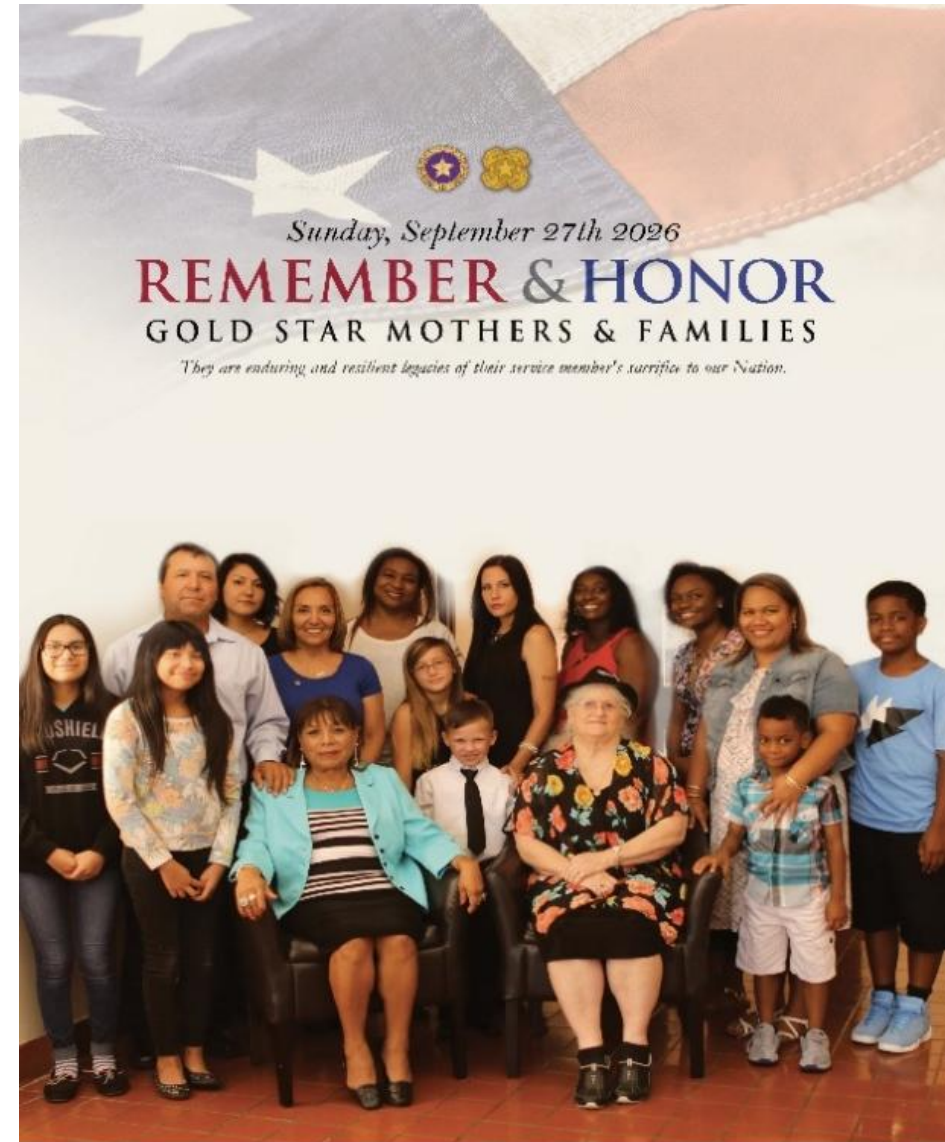
w: <https://knox.armymwr.com/categories/community-support>

The mission of Army Community Service (ACS)

- is to facilitate the commander's ability to provide comprehensive, standard, coordinated, and responsive service that support Soldiers, Department of the Army (DA) Civilians, and Families regardless of geographical location by maximizing technology and resources, eliminate duplication in service delivery, and measure service effectiveness.



Survivor Outreach Services



UNITED STATES ARMY INSTALLATION MANAGEMENT COMMAND
A subcommittee of Army Education Command
ArmyMWR.com/survivor-outreach



Family Advocacy Program



**UNITED
AGAINST
DOMESTIC ABUSE**

5 Ways to Help a Friend Who's Experiencing Domestic Abuse

Everyone's situation is different – domestic abuse can happen to anyone and it's not their fault. And it can be difficult to know how to help a friend, coworker or loved one who is in an abusive relationship. Here are five simple things you can do to safely help someone you care about in their time of need.

1. Ask to connect

"How do you prefer we connect?"

Having a safe way to communicate is important. Let your friend or loved one tell you what is safest for them and honor that. Do not pressure the person to leave. Instead, support them without judgment. Offer to help them plan for their safety or seek outside support when they are ready.

2. Stay in touch

"Let's play a game online."

Finding creative reasons to call, text, video chat or use social media check-ins may provide a lifeline for those who feel unsafe at home. For example, some games have chat functions that may allow for communication in nontraditional spaces. Starting up a game that has chat may allow you to check in with your friend without making the abuser suspicious. There are privacy and safety tips for online gaming from the National Network to End Domestic Violence at <https://www.techsafety.org/onlinegaming>.

3. Support and believe

"I care about you and I'm here for you, no matter what."

Remind your friend that they are not alone and that you are there for them. If they choose to talk about the abuse, listen and show empathy. Let them know the abuse is not their fault and that you believe them. Ask what you can do to help.

4. Chat about options

"Let's create a safety plan."

Options are empowering. Talk to your friend about their options for seeking help or reporting domestic abuse in the military: <https://www.militaryonesource.mil/family-relationships/family-life/preventing-abuse-neglect/domestic-abuse-military-reporting-options>. Let them know that domestic abuse victim advocates are available 24/7 to help them think through dangerous situations and create a safety plan: <https://www.militaryonesource.mil/leaders-service-providers/child-abuse-and-domestic-abuse/victim-advocate-locator>.

5. Share the hotline

"Here is the information for that restaurant I told you about."

It may be safer for your friend if you research support options for them – such as the National Domestic Violence Hotline at <https://www.thehotline.org> – on your device, provided you feel safe doing so. Use your agreed-upon code and a safe communication method when providing this information so it remains private between the two of you.

Resources and support to share

Immediate crisis support
National Domestic Violence Hotline
800-799-7233, 800-787-3224 en Español
<https://www.thehotline.org/>

Local support, 24/7 Domestic Abuse
Victim Advocate Locator
<https://www.militaryonesource.mil/leaders-service-providers/child-abuse-and-domestic-abuse/victim-advocate-locator>

Support for teens
Love is Respect | Text "LOVEIS" to 866-331-9474
<https://www.loveisrespect.org/>

Installation support

Fort Knox Victim Advocate (502) 888-5796
Victim Advocate Call Center 1(855) 827-0400
ZeroV Crisis line 1(877) 949-0515
Fort Knox Military Police (502) 624-2111

**MILITARY
ONESOURCE**

The Family Advocacy Program supports service members and their families impacted by domestic abuse through victim advocacy and crisis intervention.

Exceptional Family Member Program (EFMP)



Connect,
Share,
Support

**Real Talk
with
EFMP**

Children's
Activities
Available

**EVERY 2ND
TUESDAY
12PM**

June 9th

July 14th

August 11th

September 8th

Army Community Service
411 Eisenhower Ave. Bldg.1477

Call EFMP for more
information at
502-624-8391

EFMP Family Support

Ahoy Mateys!
**ARRR you ready
to join our crew?**

**EFMP PIRATE
ADVENTURE**

SEPT 17 • 4:30 PM - 6:30 PM
FREE • SADOWSKI CENTER
At least one family member must be enrolled in EFMP.
(Retirees with EFMP are welcome to attend)

BOUNCE HOUSE
PIRATE GAMES
**DRESS LIKE
A PIRATE**
PIRATE SNACKS



EFMP Family Support
**Systems
Navigation**

“The most important thing to remember is that support exists!”

Your EFMP Systems Navigator is able to assist your family with the following:

- Provide respite care information
- Special Education support with IEP & 504 Plans
- Provide support groups & recreational activities
- Finding programs for financial assistance
- Assist in locating community resources
- Help with ANY Exceptional Family Member (EFM) need

DID YOU KNOW?
If you require specialty care more than once a year, you may qualify for EFMP enrollment.

DID YOU KNOW?
EFMP enrollment is mandatory for Soldiers who have a Dependent with a qualifying special need.

Contact your System Navigator at 502-624-8391

Crowne Pointe The...
1d •

**Sensory Show: Paw Patrol on
September 12 at 11AM. Reserve
your tickets at
crownpointetheatre.com.**

**SENSORY FRIENDLY
Movie**
September 12
11:00AM

**PAW PATROL
THE
DINO MOVIE**

crownpointetheatre.com

ARMY EMERGENCY RELIEF

Accessible Financial Support **AER's Online Application**

- ★ Request financial assistance*
- ★ Increased worldwide accessibility
- ★ Expedited delivery of funds

**Scan QR Code
to get started**



* Certain restrictions apply

ARMY EMERGENCY RELIEF

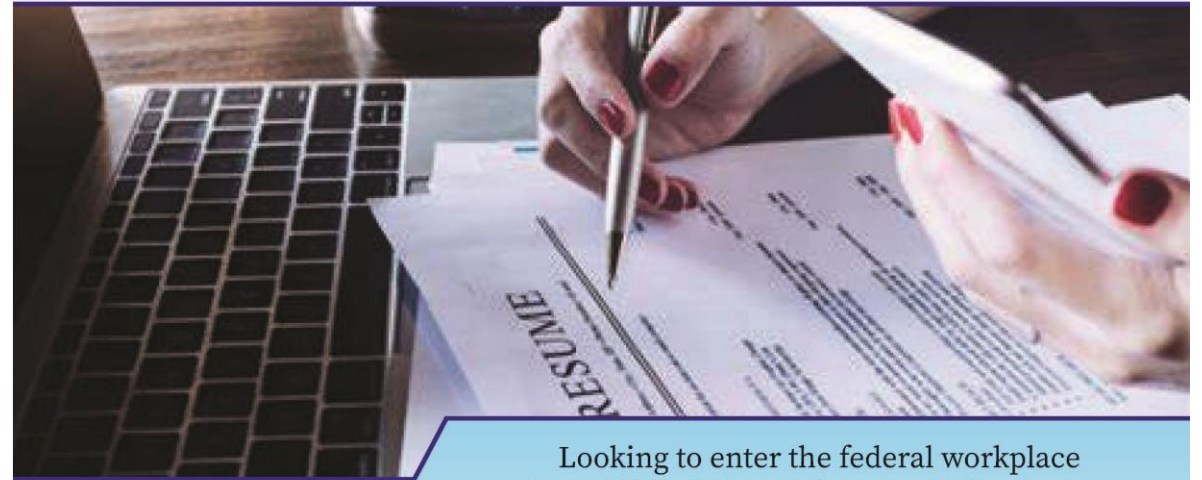
Soldiers Helping Soldiers

Financial Readiness Program (FRP)

- **Understanding the Health Care Flexible Spending Account**
- If you pay out-of-pocket for health, dental, vision and/or wellness expenses, you know these costs can add up! A Health Care Flexible Spending Account (HCFSA) is an optional benefit you and your family can use for health care expenses, such as co-payments and cost shares, deductibles, dental (orthodontia), vision (glasses and contact lenses) and drugstore items (sunscreen, over-the-counter medicine, and more).
- The Department of Defense (DoD) offers this benefit to give military families more options in paying for care. Read the [Frequently Asked Questions \(FAQ\)](#) for a comprehensive understanding of the benefit and its details.
- <https://finred.usalearning.gov/Benefits/HCFSA/FAQ>

Employment Readiness Program (ERP)

Federal Resume Writing Class



Looking to enter the federal workplace
and would like help writing your federal resume?

Upcoming Classes:

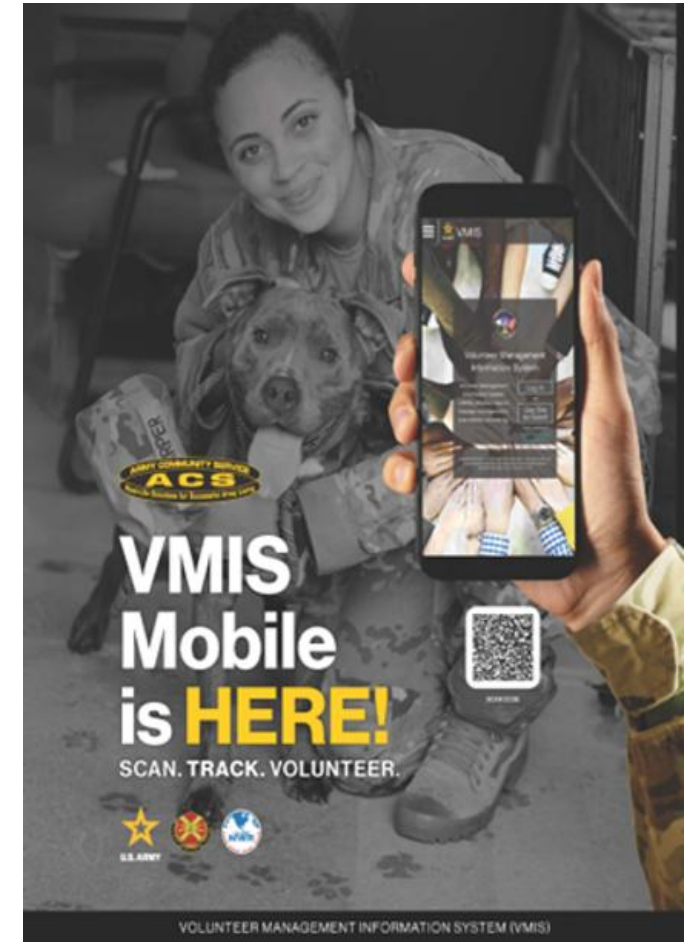
- * Wednesday 12 August 2026 9:30am-12:30pm
- * Friday 28 August 2026 1:30pm-3:30pm
- * Thursday 10 September 2026 9:30am-12:30pm
- * Tuesday 29 September 2026 4:30pm-6:30pm



For more information
or to RSVP, contact
the Employment
Readiness Program:

502-624-8068
summer.t.carney.civ@army.mil

ACS Volunteer Program



Relocation Readiness Program (RAP)

INSTALLATION NEWCOMER ORIENTATION

COMMUNITY PARTNER INFORMATION FAIR

MILITARY SPOUSES INVITED TO ATTEND

SABER & QUILL • 0830-1200
1118 CHAFFEE AVE • FORT KNOX, KY 40121
1ST WEDNESDAY OF EACH MONTH





ACS Relocation Program (502) 624-8391/6291
usarmy.knox.id-training.list.dfmwr-ac@army.mil

2026

Feb 4

Mar 4

April 1

May 6

June 3

July 1

Aug 5

Sept 2

Oct 7

Nov 4

Dec 2

MILITARY MOVES 2026 PCS BRIEFING



1st and 3rd Wednesday of each month:

January 7th and 21st
February 4th and 18th
March 4th and 18th
April 1st and 15th
May 6th and 20th
June 3rd and 17th
July 1st and 15th
August 5th and 19th
September 2nd and 16th
October 7th and 21st
November 4th and 18th
December 2nd and 16th

LOCATION:
SABER & QUILL
@ 1300

MORE INFO:

Call ACS: (502)624-8391



My Army Post App (MAPA)



Download the NEW mobile **My Army Post App (MAPA)** for real-time information about gate closures, inclement weather, events, units, and information about on-post services.

Important Phone Numbers & Community Resources

- **Army Community Service (ACS): (502) 624-8391**
- **Advocacy and Support Center (Elizabethtown): (877) 672-2124**
- **American Red Cross: (502) 624-2163**
- **Department of Community Based Services (DCBS) (CPS): (877) 597-2331**
- **Emergency, Ambulance, Fire, Police: 911**
- **Family Advocacy Program Manager: (502) 624-5970**
- **IRAHC Appointment Line: (800) 493-9602**
- **Installation Chaplain: (502) 624-5255/6847**
- **Military Family Life Counselors: (270) 855-1082**
- **Military One Source: (800) 342-9647**
- **Military Police (24/7): (502) 624-2111**
- **National Suicide Prevention Lifeline: 988**
- **Sexual Assault Hotline (24/7): (502) 851-3779**
- **SpringHaven Domestic Violence Shelter: (270) 769-1234**
- **Silverleaf Advocacy & Support Center (Elizabethtown): (877) 672-2124**
- **Social Work Service (FAP): (502) 626-9884/9885**
- **Victim Advocate (Domestic Violence): (502) 624-2635**
- **Kentucky Coalition Against Domestic Violence: <https://www.kcadv.org>**

Community Information**(502) 624-8391**

Local, Military & Civilian Information and Resources

Army Emergency Relief (AER)**(502)624-5989**

Emergency Financial Assistance

Exceptional Family Member Program (EFMP)**(502) 624-4067**

Support to Family members with special needs; Respite Care

Family Advocacy Program**(502) 624-5970**

Patient Education & playgroups, New Parent Support Program, Commander, Senior Advisors & Troop Briefings

Victim Advocacy Services

(502) 888-5796**Financial Readiness Services****(502) 624-5989**

Budget Counseling, Consumer Rights, Understanding Credit, Personal Financial Management Training

Mobilization, Deployment and Support Stability Operations**(502) 624-2006**

Pre & Post Deployment Briefings

Relocation Services**(502) 624-6173**

Military One Source/Installation Directory, Welcome & Departure Resources, Foreign Born Spouse Support

Survivor Outreach Services**(502) 624-2006**

Support Groups, Outreach, and Resources for Families of Fallen Soldiers .

Volunteer Opportunities.Visit the Volunteer Management Information System (VMIS) website on the Army Family Web Portal at <https://vmis.armyfamilywebportal.com/>. Log in or use site as a Guest. On

"Opportunities" page, click Filters and search by Fort Knox community. Or directly contact those organizations for volunteer opportunities.