




ACS *Community Connection*



July 2025




FREE FREEZER POPS | FREE GIVEAWAYS | COMMUNITY SUPPORT


ACS 60TH BIRTHDAY

— MONDAY —
7 JULY
11AM - 1PM

FORT KNOX WATER PARK
5539 CHAFFEE AVE

Celebrate ACS's 60th birthday with a cool treat and free giveaways!!


 **FOR MORE INFO:**
CALL 502-624-8391



Help us celebrate ACS 60th Birthday on
July 7th from 11am-1pm at the
Fort Knox Water Park. We will have cool
treats and free giveaways!

Connect with ACS!

 411 Eisenhower Ave. Bldg.
1477 Fort Knox, KY 40121

 (502) 624-8391

 Fort Knox Army
Community Service

 [Knox.armymwr.com/
categories/community-
support](https://knox.armymwr.com/categories/community-support)

Upcoming ACS Events

- ACS 60th Birthday Celebration Pg. 1
- Installation Newcomer Orientation July 2, Pg. 20
- Tricare ECHO/ACS EFMP Lunch and Learn 9 July, pg. 9
- Stitch Brigade July 9 & 23, Pg. 22
- Community Playgroup July 10 & 24, Pg. 13
- EFMP Support Connections 30 July, Pg. 9
- EFMP Back to School Bowling 22 July, Pg.
- EFMP Support Solutions 30 July, Pg.8
- Federal Resume Writing July 10, Pg. 17
- Resume Writing July 29, Pg. 18
- Christmas in July, Budget for the holidays. Pg. 27
- Money, Marriage, Mayhem July 1, Pg. 4
- Scholarship Trail August 4, Pg. 5
- Facebook Marketplace August 27, Pg. 7



Serving Soldiers and Families for 60 Years



MILITARY AND FAMILY LIFE COUNSELORS (MFLC)

Services offered through the Military and Family Life Counseling Program are confidential, not reported to the command, and do not impact a service member's security clearance.

One-on-one, couple, or group — MFLCs can help you manage life challenges such as:

- Deployment adjustments
- Stress management
- Moving preparations and getting settled
- Relationship building
- A problem at work
- The grieving process following the death of a loved one or friend

Call us at 502-624-8391 to receive contact information for an MFLC or call Military OneSource at 1-800-342-9647.



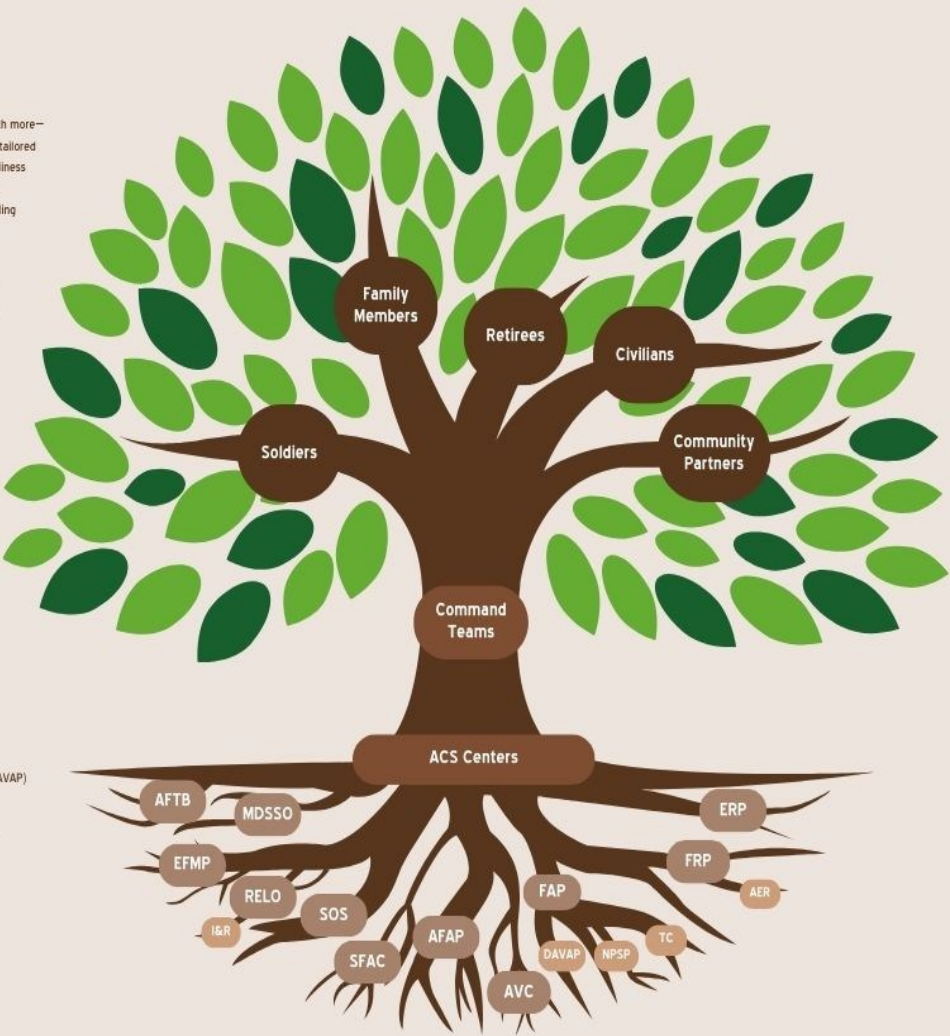
The ACS Tree

From Family readiness to financial health—and much more—Army Community Service (ACS) delivers programs tailored to your needs. ACS helps maintain community readiness and resiliency through a wide range of educational opportunities, special events, individualized counseling services, and other offerings.

ACS can be likened to a family tree, with its programs acting as the roots that nourish the soil represented by ACS centers. These programs and centers not only provide support to local command teams, symbolizing the tree trunk, but also extend their assistance to the tree branches, which symbolizes the entire Army community.

Legend

- Army Family Action Plan (AFAP)
- Army Family Team Building (AFTB)
- Army Volunteer Corps (AVC)
- Employment Readiness Program (ERP)
- Exceptional Family Member Program (EFMP)
- Family Advocacy Program (FAP)
 - New Parent Support Program (NPSP)
 - Transitional Compensation (TC) Program for Abused Dependents
 - Domestic Abuse Victim Advocate Program (DAVAP)
- Financial Readiness (FRP)
 - Army Emergency Relief (AER)
- Mobilization, Deployment and Stability and Support Operations (MDSSO)
- Relocation Readiness (RELO)
 - Information and Referral (I&R)
- Soldier and Family Assistance Center (SFAC)
- Survivor Outreach Services (SOS)



ARMY FAMILY ACTION PLAN

Change begins with you



It's time to **submit your ideas!**

To learn more visit: ArmyMWR.com/AFAP





MARRIAGE
Communication
Personalities

FINANCES
Spending Plan
Financial Planning

MAYHEM
Financial Planning

MARRIAGE MONEY & MAYHEM

 **TUESDAY, JULY 1, 2025**
4:00 PM AT ACS

Come learn more about Communication, Money Personality, Fundamentals of a Spending Plan and Financial Planning! Sign up today, as limited spots are available!

REGISTER TODAY: CALL (502) 624-8391
DEADLINE: JUNE 27, 2025

411 Eisenhower Ave Bldg 1477

***Visa Gift Card
Drawing at Event!**



You have **FREE** Keys to National Parks!

As a service member or dependent, you are eligible for a **FREE** annual America the Beautiful pass. Gold Star Families and veterans are eligible for a lifetime pass.

For more info visit:

<https://www.nps.gov/planyourvisit/passes.htm>

**Beginning in August—
learn about scholarships, grants, FAFSA & more!
Register today by calling 502-624-8391!**



SCHOLARSHIP TRAIL TO SUCCESS

**FIND OUT HOW TO
PAY FOR COLLEGE
WITHOUT STUDENT
LOANS!**

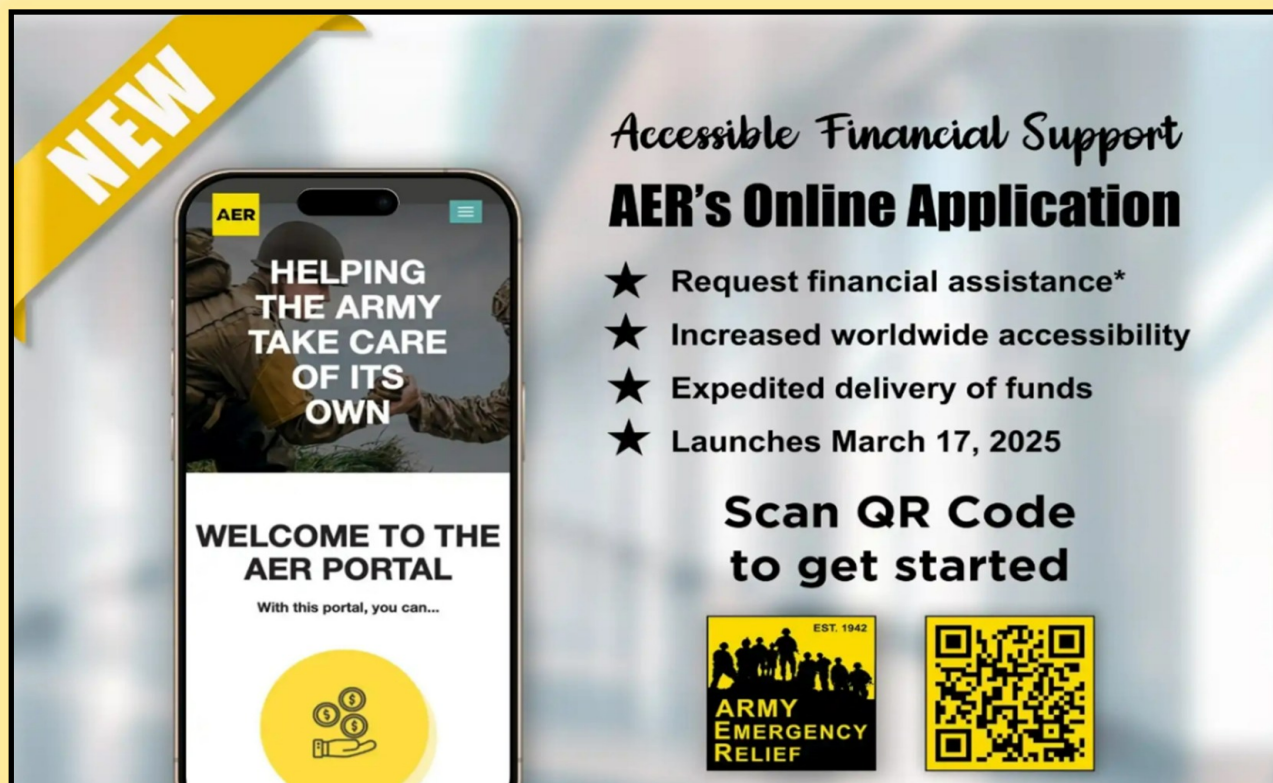
LEARNING ABOUT:

- FAFSA
- Grants
- Work Study Program
- Scholarships
- How to Compare Schools

**MONDAY, AUGUST 4, 2025 AT 5 PM
RSVP DEADLINE JULY 30TH
LIMITED SEATING!**

 **(502) 624-8391**
 **411 Eisenhower Ave,
Bldg 1477 - Fort Knox**





NEW

Accessible Financial Support
AER's Online Application

- ★ Request financial assistance*
- ★ Increased worldwide accessibility
- ★ Expedited delivery of funds
- ★ Launches March 17, 2025

Scan QR Code to get started

HELPING THE ARMY TAKE CARE OF ITS OWN

WELCOME TO THE AER PORTAL
With this portal, you can...

ARMY EMERGENCY RELIEF EST. 1942

QR Code



You have **FREE** Keys to National Parks!

As a service member or dependent, you are eligible for a **FREE** annual America the Beautiful pass. Gold Star Families and veterans are eligible for a lifetime pass.

For more info visit: <https://www.nps.gov/planyourvisit/passes.htm>

FACEBOOK MARKETPLACE: Recognize and Avoid Scams

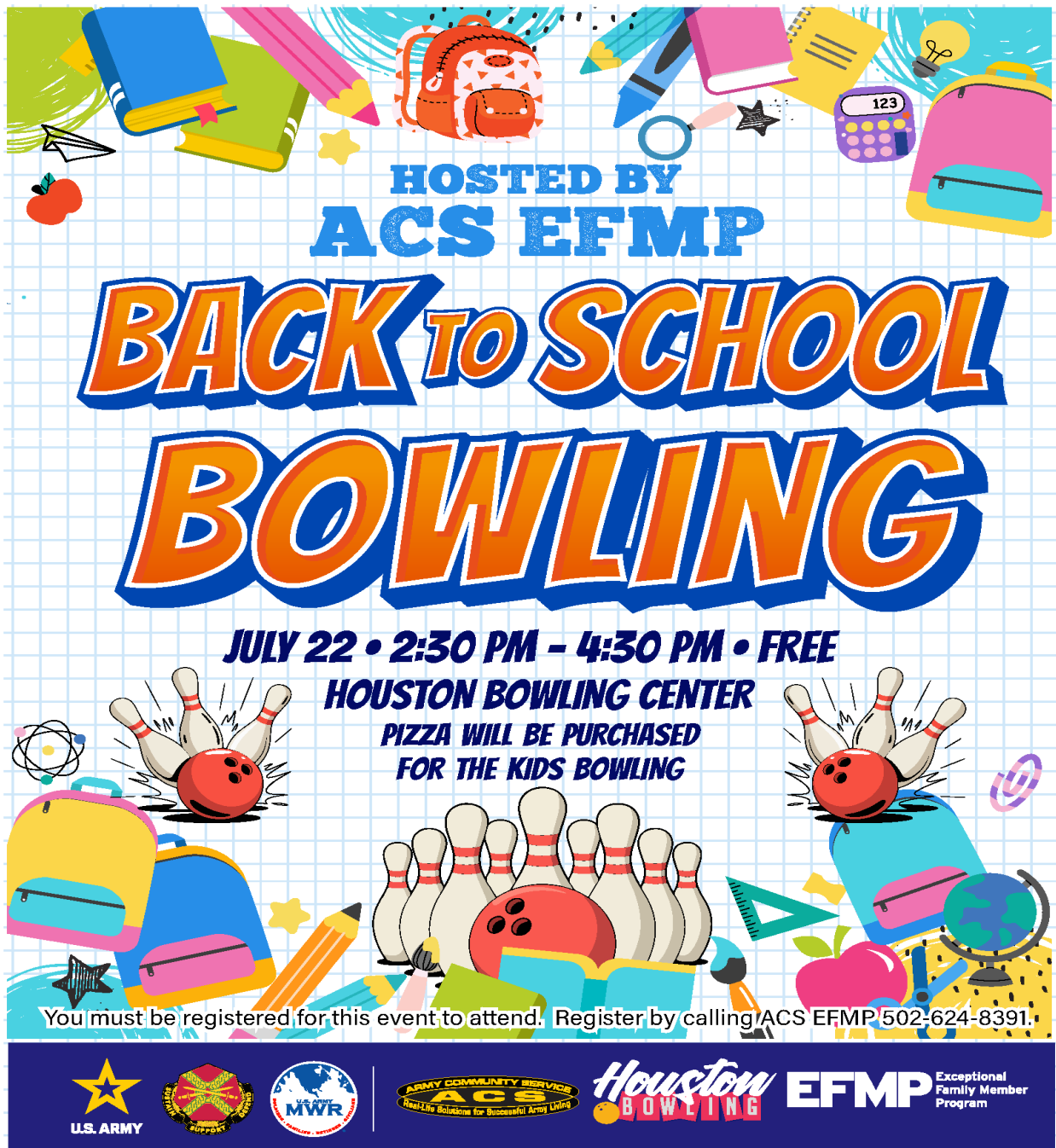
LEARN:

- Identify Common Facebook Marketplace Scams
- Understand How Scammers Target Buyers and Sellers
- Tips to Protect Your Personal and Financial Information and MORE!



**AUGUST 27, 2025
AT 5:30 PM**

**RSVP TODAY AT (502) 624-8391
LIMITED SPOTS AVAILABLE**








HOSTED BY
ACS EFMP

BACK TO SCHOOL BOWLING

JULY 22 • 2:30 PM - 4:30 PM • FREE
HOUSTON BOWLING CENTER
**PIZZA WILL BE PURCHASED
FOR THE KIDS BOWLING**

You must be registered for this event to attend. Register by calling ACS EFMP 502-624-8391.






 Exceptional Family Member Program

EFMP Did You know??

Each installation offers services through two different EFMP offices-the Military Treatment Facility (MTF) EFMP and Army Community Service (ACS) EFMP.

1. For EFMP initial screening, enrollment, updates, and overseas screenings, contact the Fort Knox MTF EFMP at 502-624-6211. This office is located in the Margetis facility, Building 6289 on Claiborne Street.
2. For resources, advocacy, support groups, and local and state information, contact ACS EFMP at 502-624-4067. ACS EFMP is located at 411 Eisenhower Ave in Building 1477.

TRICARE ECHO/EFMP LUNCH AND LEARN

Would you like to learn more about Tricare ECHO? Do you have questions about how the ECHO program works, what services are covered by ECHO? Join us as the Tricare ECHO team answers all your questions and addresses your concerns.

EFMP Exceptional Family Member Program

Humana
Military



Topic: TRICARE ECHO

DATE: 9 July 2025

TIME: 11:30 AM - 12:30 PM EST

WHERE: Microsoft Teams

For more information call 502-624-4067 or 5572

REGISTER NOW

Email to register at:

usarmy.knox.id-training.list.dfmwr-efmp@army.mil

or call ACS EFMP with questions at: 502-624-8391



2025 EFMP Support Solutions

Hosted by ACS EFMP Family Support

Join us to learn about different programs, connect with other parents, and share your experience!

July 30th

12:00PM-1:30PM

Army
Community
Service

We will be meeting at
Army Community Service
411 Eisenhower Avenue
Fort Knox, KY 40121

Food is not provided at this gathering. Guests are welcome to bring their own snacks. Call ACS EFMP at 502-624-8391 for any questions you may have.



EFMP Family Support

FORT KNOX NEW PARENT SUPPORT PROGRAM



CLASS DESCRIPTIONS

Basics of Postpartum and Newborn Care

The class on postpartum and infant care offers new parents essential insights and practical skills for navigating the early days of parenthood. Participants will learn about the physical and emotional changes that occur after childbirth, including self-care strategies for recovery. The curriculum covers key topics such as infant feeding techniques, safe sleep practices, bathing, diapering, and recognizing developmental milestones. Interactive discussions and hands-on demonstrations will empower parents to confidently care for their newborns while also addressing their own well-being. By the end of the class, attendees will feel better equipped to foster a nurturing environment for both themselves and their baby.

Breastfeeding

The class on breastfeeding provides expectant and new parents with comprehensive knowledge and practical skills to support successful nursing. Participants will learn about the benefits of breastfeeding for both mother and baby, proper latch techniques, and effective positioning to ensure comfort during feeding. The curriculum also covers topics such as managing common challenges, understanding breastfeeding patterns, and maintaining milk supply. Through interactive discussions and demonstrations, attendees will gain confidence in their abilities to navigate the breastfeeding journey. By the end of the class, parents will feel empowered and well-prepared to foster a positive breastfeeding experience for themselves and their newborns.

FOR MORE INFORMATION

New Parent Support Program
Fort Knox Army Community Service
 411 Eisenhower Avenue, Building 1477
 Fort Knox, KY 40121
 (502) 624-8391/6291



Families can contact Megan Setter at 502-624-5970 to schedule individual classes.

Birth to Baby

The class on what to expect during labor and delivery prepares expectant parents for the transformative experience of childbirth. Participants will explore the stages of labor, common signs of onset, and various pain management options, including both medical and natural techniques. The curriculum also covers what to anticipate in a hospital or birthing center environment, including the roles of healthcare professionals and available support systems. Through informative discussions and visual aids, attendees will gain confidence in their birth plans and learn how to communicate effectively with their care team. By the end of the class, parents will feel more informed and empowered, ready to embrace the journey ahead.

Comfort Techniques

The class on comfort techniques during labor provides expectant parents with effective strategies to manage pain and enhance the overall childbirth experience. Participants will explore a variety of methods, including breathing exercises, relaxation techniques, and movement strategies, as well as the use of heat, massage, and hydrotherapy. Emphasizing both physical and emotional support, the class encourages partners to actively participate in comfort measures, fostering a collaborative environment. Demonstrations will allow attendees to practice these techniques, ensuring they feel prepared and confident as they approach labor. By the end of the session, parents will have a toolkit of comfort strategies to help navigate the challenges of labor with greater ease.

Infant and Toddler CPR

The class on infant and toddler CPR and choking equips caregivers with crucial life-saving skills to respond effectively in emergencies. Participants will learn the essential techniques for performing CPR on infants and young children, including the correct chest compression and rescue breath methods. The course also covers how to identify and manage choking incidents, providing step-by-step guidance on back blows and abdominal thrusts. Through hands-on practice with mannequins and real-life scenarios, attendees will gain confidence in their ability to act quickly and decisively. By the end of the class, caregivers will leave with the knowledge and skills needed to ensure the safety and well-being of their little ones in critical situations.

Infant and Toddler Safety

The class on infant and toddler safety provides essential guidance for parents and caregivers to create a secure environment for young children. Participants will explore a range of topics, including childproofing the home, safe practices for car travel, and recognizing potential hazards in everyday settings. The curriculum covers emergency preparedness and strategies for preventing common injuries. Through interactive discussions and practical demonstrations, attendees will learn how to identify risks and implement effective safety measures tailored to infants and toddlers. By the end of the class, caregivers will feel empowered with the knowledge and skills needed to protect their little ones and promote a safe, nurturing environment.

Period of PURPLE Crying and Safe Sleep

The class on the period of purple crying and safe sleep educates parents and caregivers about the normal developmental phase that infants experience, characterized by increased crying and fussiness. Participants will learn the characteristics of this phase, how to cope with the challenges it presents, and effective soothing techniques to help calm a distressed baby. Additionally, the class emphasizes the importance of safe sleep practices, including proper sleeping positions, safe sleep environments, and reducing the risk of Sudden Infant Death Syndrome (SIDS). Through engaging discussions and practical demonstrations, attendees will gain valuable insights to promote their baby's well-being while fostering a nurturing and safe environment. By the end of the session, parents will feel more informed and prepared to navigate this challenging yet critical period in their child's early life.

FOR MORE INFORMATION

New Parent Support Program
Fort Knox Army Community Service
411 Eisenhower Avenue, Building 1477
Fort Knox, KY 40121
(502) 624-8391/6291



Families can contact Megan Setter at 502-624-5970 to schedule individual classes.



Potty Training 101

The class on potty training offers parents and caregivers practical strategies and insights to successfully navigate this important developmental milestone. Participants will learn about the signs of readiness, different potty training approaches, and how to create a positive and encouraging environment for their child. The curriculum includes tips for managing accidents, establishing routines, and reinforcing good habits, all while emphasizing patience and understanding. Through engaging discussions and shared experiences, attendees will gain confidence in their ability to support their child through this transition. By the end of the class, parents will leave with a personalized potty training plan and the tools to make the process smoother and more enjoyable for their family.

Recognizing and Reporting Child Abuse or Neglect

The class on recognizing and reporting child abuse and neglect equips participants with vital knowledge and skills to identify warning signs and take appropriate action. Through an engaging mix of discussions and role-playing scenarios, attendees will learn about the different types of abuse and neglect, their potential impacts on children, and the legal and ethical responsibilities involved in reporting. Emphasizing a compassionate approach, the class fosters a deeper understanding of the complexities surrounding these issues, while also providing practical guidance on how to navigate reporting procedures and support affected families. By the end of the session, participants will feel empowered to play an active role in safeguarding children's well-being within their communities.

24:7 Dad®

24:7 Dad® is an evidence-based fatherhood program used by hundreds of organizations across the U.S. to improve the knowledge, behavior, and skills of diverse dads. The program is built on the basis that fathers can be nurturers, and nurturing is a learned skill for men. Throughout the program, men examine their fatherhood history, learn the five characteristics of a 24:7 Dad®, and learn other essential behaviors such as working with mom and proper child discipline to help them be the best dads possible.

FOR MORE INFORMATION

New Parent Support Program
Fort Knox Army Community Service
411 Eisenhower Avenue, Building 1477
Fort Knox, KY 40121
(502) 624-8391/6291



Families can contact Megan Setter at 502-624-5970 to schedule individual classes.

Fort Knox New Parent Support Program & Exceptional Family Member Program

2025 Community Playgroups



MacDonald Elementary School
128 McCracken Street; Fort Knox, Kentucky 40121
From 10 AM to 11:30 AM on the following Thursdays:

- | | | | |
|---------------------|------------------|----------------------|--------------------|
| • January: 9 & 23 | • April: 10 & 24 | • July: 10 & 24 | • October: 9 & 23 |
| • February: 13 & 27 | • May: 15 & 29 | • August: 14 & 28 | • November: 6 & 20 |
| • March: 13 & 27 | • June: 12 & 26 | • September: 11 & 25 | • December: 4 & 18 |

.....
 Free and open to all Fort Knox parents with children ages zero to five of all abilities.
 For more information, please call (502) 888-5884 or email megan.r.setter.civ@army.mil.



EFMP Family
Support



**ARE YOU STRUGGLING TO GET OUT
OF AN UNHEALTHY RELATIONSHIP?**

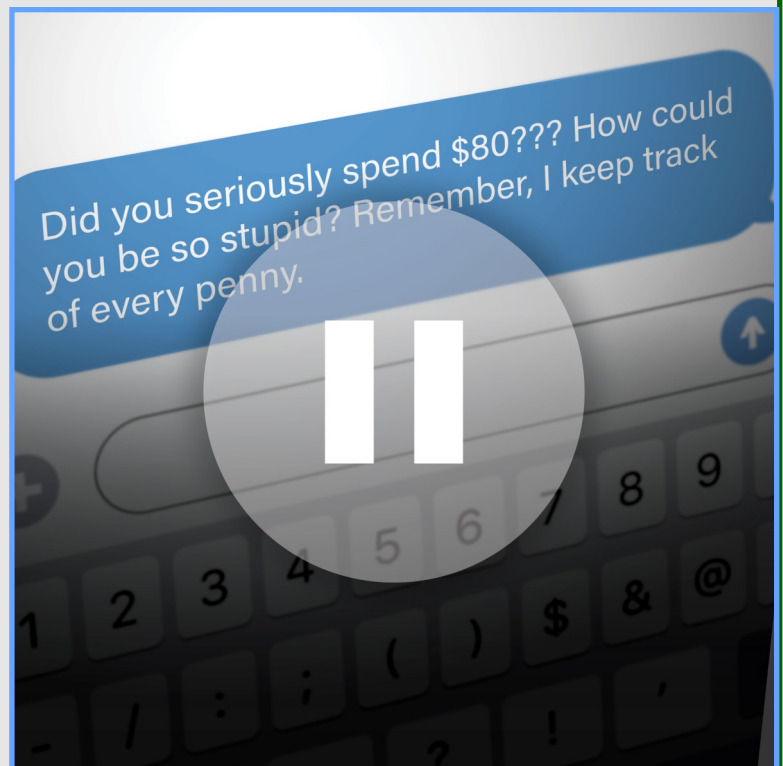
**The struggle
stops here!**

**Call Fort Knox
ACS Family
Advocacy
Program or visit
Military
OneSource.mil
to learn about
your options for
support.**

Take that PAUSE!

**Taking control over
finances in your
relationship?**

**Take a pause — call
the Family Advocacy
Program at
502-624-5970 or visit
militaryonesource.mil
to find resources to
help you address
harmful patterns.**





FAP Leader Training for Command Teams, FAP Troop Training for Units, and FAP Professional Trainings are available by request.

Fort Knox Policy Memo Number 6, Commanders “will attend domestic abuse and child abuse commander briefing designed for unit commanders within 45 days of assuming command and ensure Soldiers attend FAP troop awareness briefing on domestic abuse and child abuse to include resources available presented by ACS personnel.”

To schedule FAP Training, please contact:
Dr. Megan Setter, Acting Family Advocacy Program
Manager, megan.r.setter.civ@army.mil,
(502) 888-5884

Commanders & First Sergeants sign up to get your Annual FAP training!!

FAMILY ADVOCACY PROGRAM FORT KNOX RESOURCES

**Fort Knox
Family Advocacy
Program
502-624-5970/8391**

**Fort Knox
ACS Victim Advocate
502-888-5796**

**Fort Knox Military Police
911 (Emergency)
502-624-2111 (Non-
Emergency)**

**Military OneSource
1-800-342-9647
Militaryonesource.mil**

**National Support
800-799-7233
Thehotline.org**

Presented by USARD Family Advocacy Program

SUMMER | 20 SHAPE UP | 25

Join our virtual series to improve your relationship with yourself, partner and kids

**JUNE 3
JULY 1
AUGUST 5
7PM EDT**

Mental Edge:

Performing When It Matters Most

Develop calm, clarity, and control in high-stress environments

Communicating with Your Young Adult

Learn long distance communication skills for parents with young adults leaving the home

**JUNE 28
JULY 16
AUGUST 20
11 AM EDT**

**JULY 30
AUGUST 27
2PM EDT**

Balancing a Two Parent Working Home

Learn practical tips to share the workload and create balance in your family

Red Flags in Relationships

Learn how to identify red flags in relationships and when it's time to walk away

**JULY 22
AUGUST 19
12PM EDT**

**MOST FRIDAYS
IN JUNE, JULY
& AUGUST
1PM EDT**

Friday Q&A With Family Advocacy Program

Do you wish you could handle conflict better? Wonder how you can deescalate tantrums? Join us on Fridays to ask questions about relationships and parenting

For more information and to register please scan the QR Code.

Registration for all classes will close 24 hours prior to the class start time.



Resume Development: Tips for Writing a Resume

All Military Spouses and Transitioning Soldiers Welcome!

- Thursday 10 July 2025
0830-1200
- Transition Assistance Program
Graham Hall Bldg. 1378
70 Pershing Dr. Ft. Knox, KY
Classroom # 1

Pre-registration is **REQUIRED**:

Military Spouses Email: summer.t.carney.civ@army.mil

****Service Members Call
502-624-2627



Looking for a job?

The ACS Employment Readiness Program can assist you with various

Resume Writing Class



If you need resume assistance, we can assist you.



For more information
or to RSVP, contact
the Employment
Readiness Program:

502-624-8068
summer.t.carney.civ@army.mil

Upcoming Classes:

- * Tuesday 29 July 1:30pm-3:30pm
- * Wednesday 13 Aug 9:30am-11:30am
- * Tuesday 26 Aug 1:30pm-3:30pm
- * Monday 8 Sept 1:30pm-3:30pm
- * Friday 26 Sept 10:30am - 12:30pm



SPOUSE EDUCATION &
CAREER OPPORTUNITIES

Find a job through the Military Spouse
Employment Partnership at:

<https://myseco.militaryonesource.mil/portal/msep/jobs>

Military Spouse Co-Working Space

PURSUE YOUR CAREER GOALS

ATTEND VIRTUAL MEETINGS

START OR GROW A BUSINESS

WORK/STUDY WITHOUT INTERRUPTION

ATTEND ONLINE CLASSES

Is working from home not working for you?

We now offer Military Spouse Co-Working space for professionals, freelancers, and startups; to connect, communicate, and collaborate.

The Co-Working Space can also be used for online classes, when you need a quiet space to study and focus on that final!



For more information or to reserve a spot
call 502-624-8068 or 502-624-2133



411 Eisenhower Ave, Bldg 1477
Fort Knox, KY 40121

Who

Military Spouses

Where

Graham Hall

70 Pershing Dr Bldg 1378

When

Mon-Fri • 8am - 4:30pm

Closed Holidays

We offer Military Spouses a Co-Working space for professionals, freelancers, and startups a quiet place to connect, communicate, and collaborate.

The Co-Working Space can also be used for online classes when you need a quiet place to focus.

For more info or to reserve a spot call 502-624-2133.

INSTALLATION NEWCOMER ORIENTATION

COMMUNITY PARTNER INFORMATION FAIR

MILITARY SPOUSES INVITED TO ATTEND

SABER & QUILL • 0830-1200

1118 CHAFFEE AVE • FORT KNOX, KY 40121

1ST WEDNESDAY OF EACH MONTH



ACS Relocation Program (502) 624-8391/6291
usarmy.knox.id-training.list.dfmwr-acsc@army.mil

2025

Jan 8

Feb 5

Mar 5

Apr 2

May 7

Jun 4

Jul 2

Aug 6

Sep 3

Oct 1

Nov 5

Dec 3

Welcome to Fort Knox!!

Moving is a part of Military life. The Relocation Readiness Program offers a comprehensive support system for Soldiers and their Families, and DA Civilians.

Join us for the Installation Newcomer Orientation the first Wednesday of each month to learn information about ACS programs, and 30 community partners will be available to assist you in being successful at Fort Knox.

Spouses are encouraged to attend!

FORT KNOX ACS

RELOCATION READINESS PROGRAM

LENDING CLOSET



**SOLDIERS, FAMILIES, & DOD CIVILIANS WITH
ORDERS OR ID CARDS, CAN BORROW
HOUSEHOLD ITEMS FOR FREE.**

Borrow housekeeping essentials & small appliances
for up to 30 days to simplify your move!

Sample items available: Pots & Pans, Coffee Makers, Crock Pots, Toasters, Ironing
Board & Iron, Bakeware, Dishes, Silverware, Drinkware, & More!

CALL

502-624-8391

LOCATION

411 Eisenhower Avenue,
Bldg. 1477

Monday – Friday, 0730-1600



The Lending Closet provides housekeeping essentials on free temporary loans to incoming and outgoing Soldiers, Families, and DoD Civilians, and in other cases as appropriate. We encourage you to not purchase items you already own and borrow from us while you wait.

Volunteer Opportunity!

Next Project:
Purple Blanket
in support of
Domestic
Violence
Awareness
Month.

Join the ACS Volunteer Stitch Brigade and donate your time, talent, and leftover yarn and fabric to create items such as baby booties, hats, blankets, and more in support of Military Families!



Scan the QR code and join our Facebook group for meeting information and project updates.

Stitch Brigade is on Facebook!
Search: Fort Knox Stitch Brigade and click JOIN

July 9th @ Barr Library, 5:00pm -7:00 pm
62 W Spearhead Division Ave, Fort Knox, KY 40121

July 23rd @ ACS, 10:00am –12:00 pm
411 Eisenhower Avenue, Building 1477



VMIS: Volunteer Management Information System

VMIS, makes it easy for volunteers to search and apply for volunteer opportunities, log volunteer hours, and document training and awards. The best part is your service record will travel with you to each duty station!

To get started, visit:
<https://vmis.armyfamilywebportal.com/>

Volunteer Opportunities

- ♦ Army Community Service
- ♦ American Red Cross
- ♦ Fort Knox Spouses Club
- ♦ Barr Library
- ♦ Religious Education
- ♦ Humane Society
- ♦ & more!!

Why Track Your Volunteer Time?

- ♦ Skill building –add info to your resume.
- ♦ Scholarships & Education
- ♦ Recognition
- ♦ Dept. of the Army regulation

Questions??
Call
502-624-8391

Have you recently been appointed as a Sponsor?

Use the eSponsorship Application & Training online course to learn about the tools and resources to help you sponsor a newcomer's move .

ACS can further assist you with additional resources
by calling 502-624-8391/6291.



**Savvy Sponsors
Help Others Start Strong**

The eSponsorship Application & Training online course gives you intel and resources you can use to help newcomers settle in successfully.

Be prepared for success as a sponsor. Take the eSponsorship Application & Training course to get the information and resources you need to sponsor with confidence. Here's a quick overview of what to expect.

Easy Access

You can access the eSAT course 24/7 through MilLife Learning at <https://militarylearning.militaryonesource.mil/>

- Choose **Course Catalog**.
- Type **eSAT** in the search bar.
- Under course description, click **LOG IN TO ENROLL**.
- Follow steps to either log in or create an account.

Updated Interactive Format

New sponsors can learn from realistic PCS scenarios. Experienced sponsors can demonstrate knowledge and earn a certificate at the beginning of the course.

The Most Current Information

Get the most effective and up-to-date information so you can share accurate intel.

Customizable Resources

Download a newcomer needs assessment, a newcomer needs checklist, and sample sponsor correspondence for your initial welcome and follow up messages.

A Certificate of Completion

Upon completing the course, you can download and print your certificate. It's also stored on MilLife Learning for later retrieval.

Contact your installation Military and Family Support Center to learn more about sponsorship, and be sure to review your service-level sponsorship policies.

Fort Knox Army Community Service
411 Eisenhower Avenue
Building 1477
502-624-8391/6291

For additional information, please contact the Relocation Program Manager at 502-624-6173.

Our consultants are standing by 24/7 to support you and your newcomer.
<https://MilLifeLearning.MilitaryOneSource.Mil> | www.MilitaryOneSource.mil | 800-342-9647



Citizenship & Immigration Services



Are you seeking guidance on the citizenship and residency application process? Your Relocation Readiness Program Manager can act as a liaison and establish virtual appointments with the United States Citizenship & Immigration Services (USCIS) Louisville Office.

Additional Support Options:

The U.S. Citizenship and Immigration Services Military Help Line.

- Call **877-247-4645** or visit <https://www.uscis.gov/military/military-help-line> to speak with a USCIS representative Monday thru Friday 8am-6pm.

Contact Military OneSource

- Call **1-800-342-9647** for help with immigration, citizenship and the naturalization process.
- FREE document translation & language translation services in real time.

Mango Language Program

- FREE for Active Duty Soldiers and their Families. Online learning programs includes 21 English language courses.

**Call 502-684-6173/8391 for more information
or to set up an appointment.**



I WANT YOU

**TO DOWNLOAD THE
MY ARMY POST APP!**



    @FortKnoxKY  @U-S-Army-Garrison-Fort-Knox  @FortKnoxMedia

FREE mobile app designed to provided Soldiers, Families, and Garrison teams with a centralized information hub.

Find a wide range of resources and information such as in-processing procedures, gate access, local weather, important alerts, etc.



CHRISTMAS IN JULY

PLAN NOW, SLEIGH LATER

JULY 22 • 1730 - 1900 • FREE • ACS

Get a jump on holiday budgeting, gift planning, traveling and other ideas as you plan for your upcoming holiday season early!



**ACS FINANCIAL
READINESS
PROGRAM**



RSVP at (502) 624-8391.
Registration required NLT July 17.

**Looking for Resources – Not sure who to call?
Call ACS @ (502)624-8391**



Community Information

(502) 624-8391

Local, Military & Civilian Information and Resources

Army Emergency Relief (AER)

(502)624-5989

Emergency Financial Assistance

Exceptional Family Member Program (EFMP)

(502) 624-4067

Support to Family members with special needs; Respite Care

Family Advocacy Program

(502) 624-5970

Patient Education & playgroups, New Parent Support Program, Commander, Senior Advisors & Troop Briefings

Victim Advocacy Services

(502) 888-5796

Financial Readiness Services

(502) 624-5989

Budget Counseling, Consumer Rights, Understanding Credit, Personal Financial Management Training

Mobilization, Deployment and Support Stability Operations

(502) 624-2006

Pre & Post Deployment Briefings

Relocation Services

(502) 624-6173

Military One Source/Installation Directory, Welcome & Departure Resources, Foreign Born Spouse Support

Survivor Outreach Services

(502) 624-2006

Support Groups, Outreach, and Resources for Families of Fallen Soldiers .

Volunteer Opportunities.

Visit the Volunteer Management Information System (VMIS) website on the Army Family Web Portal at <https://vmis.armyfamilywebportal.com/>. Log in or use site as a Guest. On

“Opportunities” page, click Filters and search by Fort Knox community. Or directly contact those organizations for volunteer opportunities.

July 2025

Our Mission:

Download the NEW mobile **My Army Post App (MAPA)** for real-time information about gate closures, inclement weather, events, units, and information about on-post services.



The mission of Army Community Service (ACS) is to facilitate the commander's ability to provide comprehensive, standard, coordinated, and responsive service that support Soldiers, Department of the Army (DA) Civilians, and Families regardless of geographical location by maximizing technology and resources, eliminate duplication in service delivery, and measure service effectiveness.

Important Phone Numbers & Community Resources

- Army Community Service (ACS): (502) 624-8391
- Advocacy and Support Center (Elizabethtown): (877) 672-2124
- American Red Cross: (502) 624-2163
- Department of Community Based Services (DCBS) (CPS): (877) 597-2331
- Emergency, Ambulance, Fire, Police: 911
- Family Advocacy Program Manager: (502) 624-5970
- IRAHC Appointment Line: (800) 493-9602
- Installation Chaplain: (502) 624-5255/6847
- Military Family Life Counselors: (270) 855-1082
- Military One Source: (800) 342-9647
- Military Police (24/7): (502) 624-2111
- National Suicide Prevention Lifeline: 988
- Sexual Assault Hotline (24/7): (502) 851-3779
- SpringHaven Domestic Violence Shelter: (270) 769-1234
- Silverleaf Advocacy & Support Center (Elizabethtown): (877) 672-2124
- Social Work Service (FAP): (502) 626-9884/9885
- Victim Advocate (Domestic Violence): (502) 624-2635
- Kentucky Coalition Against Domestic Violence: <https://www.kcadv.org>